### A Message from District Governor Steve Lowe

Hello fellow Lions! It has been a very busy month of September. I visited several clubs, did a good amount of service, and attended the USA Canada Lions Leadership Forum in Atlantic City, NJ! Along with several other Pennsylvania Lions, I received a degree from Lions University while I was there, which is earned by taking Lions related classes through Lions University. Please reach out to me if you are interested in this program. I received my Bachelors in Lionism, while our ZC/RC for Region II, Ellen Pruden, received both her Bachelors AND Masters in Lionism. Congrats, Lion Ellen!

This month, I want to talk about forming partnerships both within and outside of Lions. As many clubs are fighting to increase their membership, they find that they are not able to do the amount of service that they previously were able to do due to attrition, and members aging out of being able to help with the more active projects. By forming partnerships, this allows two or



more smaller clubs to pool their resources and everyone reaps the benefits of it. Since all Lions clubs are focused on "We Serve" aligning goals and organizational focus aren't an issue. But what about when we look outside of Lions to partner with someone? We have to ensure that both entities are focusing on the same goal and have similar aims. The upside to these partnerships are: increased manpower, reciprocal consideration when your club is asking for help with a project, shared revenue (assuming that this is a negotiated item), and increased presence in your community. I encourage each club in our district to try this out: find another Lions Club close to yours and see if they need help with an upcoming service project or fund raiser. Take as many of your club as you can to help out. The crazy thing about this is that you and your club are more than likely to come home with not only a full heart from helping a sister club, but also new Lion friends, and some great ideas that you picked up from talking to the other club. Synergy is the key to growing our district and we create synergy when we step outside of those walls we have built around our clubs and start participating in things going on around our district!

October is the month of Region Rallies, so I hope to see each of you at one or more of them! My calendar for October:

10/1 – Lafayette Lions Official Visit

10/2 - Region II Rally

10/4 – Fall Leadership Symposium, Harrisburg

10/6 - Wakefield Lions Official Visit

10/8 – Lancaster Lions Official Visit

10/9 - Region V Rally

10/14 – Akron Lions Official Visit

10/16 - Region I Rally

10/21 – Strasburg Lions Official Visit

10/23 – Region III Rally

10/27 – East Cocalico Lions Official Visit

10/30 - Region IV Rally

10/31 – 11/2 – State Council #2, Harrisburg



### Message from the 1st Vice District Governor Craig Merkey

Hello Lions,

It is that time of the year again for the Region Rallies and I am excited to join everyone again this year to meet those in attendance. Thank you to the Zone Chairs who have worked hard to set up the rallies for the clubs in their region. Come out and meet Lions from the other clubs in your Region! Most importantly, it is a time to recognize those Lions that receive awards and recognition for serving their communities. Please come out and support these Lions in your clubs for the work they have done this past year. It takes all of us to serve to meet the many needs in our communities.

In addition to the above, our district is the one of the only in the state that does not have district dues. Your attendance at the rallies helps support our district operate dues free. (Yes, I said this last year too!)



I hope to meet you at one of the upcoming Rallies. I would encourage your club's new officers to look at the training opportunities in the Lions Portal to learn more about the position they hold. Things change over time, so this training is also valuable for those Lions continuing in a position as well!

Thank you for allowing me to serve you this year!

Craig Merkey 1st Vice-District Governor



## Message from the 2nd Vice District Governor Pat Benson

## **Greetings Lions**

It's almost October and that means it's time for the Region Rallies. I am looking forward to attending all the Rallies and meeting those in attendance. It's not too late if you have not signed up, this is a great time to meet Lions from other clubs and share your Service projects and Membership ideas. Most importantly, it's time for PDG Deb to recognize some deserving Lions with awards.

Most importantly, we are one of the

only Districts in the State that does nor have District dues. Your attendance at the Rallies will help keep this going.





#### Memoriam

Barry Fair Kay L Mc Ellhenney Craig P Richards Akron Lions Club Akron Lions Club Lititz Lions Club



#### **NEW MEMBERS**

#### New Member Club **Sponsor** John D Reitzel Columbia Lions Club Mark Seibert Kevin T East Petersburg Landisville Larry Oxenberg Jared W Ebersole Michael Schaeffer Lancaster Lions Club Amanda Smith Lancaster Lions Club Erle Smith **Crystal Crawford** Terry Horvath Lititz Lions Club Daniel Parkinson Deborah Parkinson Marietta Lions Club Kathy Ratliff Daniel Parkinson Millersville Lions Club **Tont Mayo Bruce Ratliff** Millersville Lions Club Carl Garver Matthew Bugli Palmyra Lions Club Mike Pavasco Palmyra Lions Club Carl Garver

Disclaimer: Because of the recent launch of the new Lions Portal, there may be names that are missing at this time.

FROM YOUR NEWSLETTER EDITOR: PLEASE FORWARD YOUR ARTICLES BY THE 25TH OF EACH MONTH. LET OTHER CLUBS KNOW WHAT YOUR CLUB IS UP TOO! SHARE YOUR PHOTOS! E-MAIL TO ME AT: anitagordonpalmer@gmail.com Thank you! Lion Anita Gordon-Palmer

#### LIONS INTERNATIONAL

#### WEEK OF SERVICE OCTOBER 4TH-12TH

#### **MENTAL HEALTH AND WELL-BEING**

As a friendly reminder, Lions International's First Week of Service is coming up on October 4<sup>th</sup>-12<sup>th</sup>. How many clubs are going to do a service project for Mental Health and Well-Being that week? In order to be eligible for the Club Excellence Award for the Lions year 2025-2026, clubs must hold **AND REPORT** a service project for service during each of the week of service projects scheduled for this Lions year. Below are some ideas for service for Mental Health and Well-Being:

- Visit some residents at a nursing home, those without any family to visit get lonely.
- Assemble care packages with journals, herbal teas, stress balls and resources for local counseling.
- Organize a walk in a park with cellphones turned off.
- Organize weekly neighborhood walks in your area, encouraging connections, exercise and accountability.
- Have a table at a park with a cut out of leaves and have kids share their feelings on these leaves.
- Have a "gratitude wall" in a public space where people can post what they are thankful for.
- Post signs with words of encouragement in your yard and/or your development such as the example below.



### REGION II RALLY



Thursday, October 2nd, 2025
Yoder's Banquet Facility
14 South Tower Road
New Holland, PA 17557

6:00 pm Social - 6:30 pm Dinner

Meal will include Fruit Cup, Tossed Salad, Beef Tips, Ham Loaf with Pineapple Glaze, Gourmet Red Mashed Potatoes, Buttered Noodles, and Green Beans

Pie and Ice Cream for Dessert.

Cost: \$35.00 per person

Each Club should bring their Club Banner and a donation for the Food Bank and 1 or 2 items for the door prizes.

	Reserva	tion Deadlin	e is Satuı	day, Septem	ber 25	, 2025	
======			======		-====	======	=====
Mail to: 2	ZC Lion E	llen Pruden	<b>POB 516</b>	Brownstown	n, PA 1	7508	

Name:

Club:

Number Attending:

**Enclosed (Checks Payable to District 14-D):** 

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## **Annual Pennsylvania Lions**



## Fall Leadership Symposium

\*2 LOCATIONS\*

## Saturday, October 4, 2025 9 AM-2 PM

**PA Lions State Office** 

949 East Park Drive, Harrisburg, PA 17111

Lunch available for a \$10.00 donation (Pay at the Door)
\*OR\*

## Sunday, October 5, 2025 Noon-5 PM

720 Third Avenue
New Brighton, PA 15066
Snacks will be available

Club Extension Efforts and Processes
Presenter: PDG Jeff Loudermilk

Grant Writing – Show Me The Money
Presenter: IPDG Deb Keeports

Club Membership Retention and Enhancement
Presenter: PDG Mike Schaeffer

Succession Planning – If Not Me, Then Who and Why Presenter: PCC Dr. Linda Zaneski

### FREE & OPEN to all MD-14 Lions

To register contact PDG Bill Grager at bilbomzk@gmail.com or call (717)615-1974
Space is Limited!

Empowerment is the key to success!

## REGION 1 RALLY DISTRICT 14-D

## YOU ARE INVITED

# October 16th Kinzer's Fire Hall



Doors open at 6pm Dinner at 6:30

Raffle Prizes



Great Food and FUN

## \$25 per person

Meal: Roast Beef, Parmesan oven fried chicken, mashed potatoes, veggies, dessert, and drinks

RSVP By 10/8/25 to Leo Maynard 610-755-1057 or lionleoserves@gmail.com

Clubs are asked to bring 2 Raffle items per club and food items to donate to the local Food Bank

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## District 14-D Region III Rally



#### Cocalico Area Fire Hall

12 W. Church Street, Stevens, PA 17567

October 23, 2025 at 6:30pm

Cost is \$22/person

Includes meal and 1 raffle ticket

Additional Raffle Tickets and 50/50 will be available for purchase.

Clubs are asked to bring 2 Raffle items and items to donate to the local Food Bank.

Please Contact ZC Lion Chuck Holsey (732-492-6948) with questions.

Detach and mail bottom with payment to ZC Lion Chuck Holsey at 324 Orchard Rd, Mohnton, PA 19540

Checks should be made payable to Lions District 14-D and must be received by October 16th

Name: \_\_\_\_\_\_\_

Phone #: \_\_\_\_\_\_

Club: \_\_\_\_\_
# of people allending: \_\_\_\_\_\_ Payment enclosed: \$\_\_\_\_\_

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REGION RALLY IV OCTOBER 30, 2025 6:30pm Hebron Banquet Hall 701 E Walnut St. Lebanon, PA 17042



6:00pm Social Time 6:30pm Dinner

## Menu

Garden Salad, Roast Beef, Chicken Cordon Bleu, Mashed Potatoes, California Blend, Dinner Rolls, and Dessert Table

Cost: \$25.00 per person

All Clubs should bring their club banner and a donation for the food bank. Also please bring 1 to 2 items for the raffle/door prizes.

## RSVP By October 24, 2025

Nama		
Name <sub>.</sub>		<del></del>
Club_		
# Atten	ding	
	Checks payable to District 14-D	
	Mail To: ZC Michelle Musumeci	
	22 Fairview Dr	
	Akron, PA 17501	

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### **DISTRICT 14-D CABINET MEETING**

Hosted by: Region III
Zone A & B Chair: Charles Holsey

#### All Lions, Lioness, and Leos invited to attend!

All voting Cabinet members to wear green shirts and grey, everyone else to wear business casual, no jeans.

Date: Sunday, November 9, 2025

**Place:** Samuel United Methodist Church

1744 Old Rothsville Road

Lititz, PA 17543

Meeting <u>Time</u>
1:15 pm - Voting Cabinet
2:00 pm - Full Cabinet

SO THAT WE CAN PLAN FOR SNACKS FOR THE AFTERNOON, WE WOULD LIKE TO HAVE CABINET MEMBERS, CLUB PRESIDENTS, CLUB SECRETARIES AND ALL CLUB MEMBERS PLANNING TO ATTEND, NOTIFY THE CABINET SECRETARY OR ZONE CHAIRS

A donation to help defray the cost for Region III would be appreciated.

Lion Joyce Sweger

JKL1953@comcast.net
717-314-7455

Lion Charles Holsey holz1123@yahoo.com 732-492-6948

## **Small Steps to Big** Changes



Things You Can Do to Reduce Your Risk for Heart Failure

#### Diabetes and heart failure are related.

Over time, type 2 diabetes weakens your arteries. The insides of your arteries slowly fill with plaque (a fatty substance). The more blocked your arteries become, the harder it is for your your heart to keep up.

#### If you've been diagnosed with heart failure

your heart isn't pumping, it means as well as it should. People with type 2 diabetes are at increased risk for this serious and progressive condition.

### Millions of people with type 2 diabetes are leading healthy lives. It's time to give your Type 2 a Take 2.



#### Lead a healthy lifestyle

Your lifestyle has a big influence on controlling your diabetes and reducing your risk for heart disease. Get regular check-ups, take your medicine and follow a healthy diet. Keep moving, too!



#### Be in the know

Talk to your doctor about how you can manage your risk for heart disease, including heart failure.



#### You do you

Each person with type 2 diabetes has a unique journey. Using tools like medication guides, healthy menu plans and tips for exercising can set you on the right path. Your doctor can help.

IF YOU HAVE DIABETES, THERE IS A LOT MORE YOU CAN DO TO REDUCE YOUR RISK FOR STROKE. Talk to your doctor about your next steps. You're not in this alone. For more information please visit https://www.heart.org/en/health-topics/diabetes.



## BINGO AT THE PARK 2nd and 4th Thursdays Starts at 6pm



Join us at The West Earl Lions Park for our BINGO nights.

Join in on the FUN - bring Friends, Family and even groups are invited.

(Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday Bingo with us.)

Cash Prizes - Bonus Games - 50/50 raffles

Snacks Available - 10 games for \$3 per game

Scan the QR code to pre-register and save your spot.

Pre-registration games \$30 - 6 cards per game

Games available to purchase at the door for \$35

www.WestEarlLions.org





# THE NEW HOLLAND and BAREVILLE/LEOLA/LEACOCK LIONS CLUBS WILL BE AT THE NEW HOLLAND FAIR!

## OCTOBER 1 - 4, 2025

We will be serving our Fair Favorite Hot Ham Sandwiches, hot dogs, hamburgers in our secret sauce and drinks at the New Holland Lions Club's stand on South Roberts Avenue and Main Street at the New Holland Fair.

Come out and support us as we continue to raise funds for our communities <u>after 100 years, since 1925</u>!! We donate to Garden Spot Fire Rescue, the CrossNet Ministries Food Pantry, ELANCO Library, New Holland Ambulance Association, New Holland Boy Scouts, New Holland Summer Arts Association and more. Anyone interested in learning more about the clubs and membership is encouraged to come see our members at the Ham Stand!



Visit the club on Facebook and see the New Holland Fair's website at <a href="http://www.newhollandfair.org/">http://www.newhollandfair.org/</a> for more information.



Valid at: 31 Quarry Ridge Road Ephrata, PA 17522

## DINE TO DONATE

## Support Ephrata Lions Club

Thursday, October 9<sup>th</sup> 3pm-10pm



**EPHRATA LIONS CLUB** 

ephratalions.org

10% DONATION NIGHT

Support the Ephrata Lions Club by presenting this flyer to the Ephrata location and Texas Roadhouse will donate 10% of your total food purchases to the Ephrata Lions Club



## MILLERSVILLE LIONESS LIONS CLUB THEME BASKET BINGO

OCTOBER 10th, 2025

TICKETS \$25 FOR 3 CARDS (STRIPS) FOR 20 REGULAR GAMES

## ADVANCED TICKET SALES CONTACT

DOTTI AT (717)-405-6115

EMAIL Phyllis Ream At: MLClub168@gmail.com

**GAMES START AT 6:30 P.M.** 

(DOORS OPEN AT 5:00 P.M.)

DOOR PRIZES, RAFFLES, 50/50 AND SPECIAL GAMES

ST. PHILIP'S CHURCH

2111 MILLERSVILLE PIKE LANCASTER, PA 17603

East Cocalico Lions



## With Fries or Baked Potato & Coleslaw

**Drive Thru At Reamstown Park** 

October 10th & October 24th HOURS: 3:00-6:00 PM



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## Join the Millersville Lions Club as we Roar for Mental Health Awareness



October 11<sup>th</sup> from 11am - 3pm St. Philip the Apostle Catholic Church -Gymnasium 2111 Millersville Pike Lancaster

Lions are working to raise awareness of the importance of Mental Health and well-being and support their communities

#### Activities/Vendors:

- Rock Painting
- Learn to Meditate
- Music Therapy
- LEMSA
- Sending cards to Veterans, Children in the Hospital, Senior citizens
- Coloring Books
- Kpets
- Building Bridges Counseling for Veterans, Adults and Children
- Philhaven WellSpan
- Chair Yoga
- Origami Demo
- Autism Awareness

Interested in being a vendor and sharing your expertise on mental health?

Please reach out to Lion Pat at pattycake119@comcast.net or Lion Deb at baglady2030@yahoo.com

## Dinner in the Dark



## Wednesday, October 15th

Reception & Silent Auction - 6 PM Dinner - 7 PM

## White Chimneys Estate

5117 Lincoln Highway Gap, PA 17527

## \$45/Ticket

Includes Dinner, Beer/Wine, & Silent Auction Sponsorships Available:
For information, contact Bill Dodds at williamedodds@comcast.net

## **RSVP**

To purchase tickets, contact: Bill Dodds at 717.435.0706 williamedodds@comcast.net

### Hosted by Paradise Township Lions Club to benefit VisionCorps

During dinner, attendees will have the option to wear a blindfold or vision impairment simulator glasses. Discuss your experience over dessert and hear from VisionCorps on the work they are doing.





## <u>Mountville</u> <u>Lions Club</u>





# Chicken Pot-Pie





Also Selling Lions Brooms! St. Pauls' UM Ghurch 100 W. Main St. Mountville. PA

TAKE-OUTS ONLY

By the Quart \$11.<sup>∞</sup> Desserts Available \$2.00



## Community Blood Drive Trinity Reformed UCC

Social Hall 450 West Main Street Mountville, PA 17554

Monday, November 3, 2025 1:00 p.m. to 6:30 p.m.

SPONSORED BY MOUNTVILLE LIONS CLUB

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: Mountville to schedule an appointment.

Maximize your blood donation. Help more patients.

If you are an eligible type O, B - or A - donor, consider making a Power Red donation.

Red blood cells are the most commonly transfused blood component.

Come to give blood Oct. 20-Nov. 16 for a \$10 e-gift card + chance at \$5K prize! rcblood.org/harvest PAGE 22 DISTRICT 14 - DETAILS September 2025

## INTERCOURSE LIONS CLUB







## **GIFT CARD BINGO**

## Saturday, November 8, 2025

Gap Fire Hall @ 802 Pequea Avenue, Gap

Doors Open @ 5:30 PM

Early Bird Bingo @ 6:45 PM

Bingo @ 7:00 PM

## Food Raffles Fun

**Tickets** 

\$25 in advance, \$30 at the door

Advance tickets can be purchased from

Lion Dale High, call 717-371-4004



Sunday, November 9 11 am to 3 pm



## Community VETERAN

Ephrata American Legion Post 429 300 Cocaling A

## EXPO

**==** ★★★★=

\* FREE ENTRY:

Please consider bringing a donation for Christmas Stockings for Soldiers

(💻 stateside & deployed) or a monetary donation

\star Featuring:

Veteran artisans & businesses showcasing & selling their creations

Organizations that support our veterans

Food trucks on-site

Raffles & 50/50 — to fund Lions Veteran programs Goodie bags for the first 100 families!

Calling Vendors!

\$50 refundable registration fee per vendor. Tables provided

Meal provided by The 4th Degree Knights of Columbus of Lancaster–Santa Marie Assembly 915

★ Contact the Ephrata Lions to reserve your spot.

vetexpo@ephratalions.org or call Lion Kendra Rhinier @ 717-587-6563





NEW THIS YEAR - FOOD TRUCKS!





## Christmas Dinner & Show

## Thursday, December 18, 2025

Ephrata American Legion 300 Cocalico St, Ephrata PA 17522

- Doors Open at 5:00 pm
- Music by Tom Pontz Project 5:15-7:15PM
- Dinner at 6PM
- Entertainment following dinner by Comedian Brad Trackman

Cost of dinner for adults is \$38.00 and includes a choice of turkey or ham served with salad, rolls, mashed potatoes, vegetable, cake, tea, iced tea, and coffee.

Cash bar and 50/50 raffle will also be available

#### Seating is limited, so reserve early!

Brad Trackman, a national touring stand up comedian, seen on CBS's Late Night Show, NBC's Friday Night and numerous appearances on Comedy Central. Brad is one funny, squeaky clean comic from New York City, suitable for families!

Contact Barry Rupp at 717-823-3597 <u>brupp21@gmail.com</u> or Kendra Rhinier at 717-587-6563 <u>KendraR@ptd.net</u>



On Saturday, September 13th the New Holland Lions Club collected 1,068 lbs. of food and monetary donations from our community at Yoder's Country Market for the CrossNet Ministries food pantry for the New Holland Area. We thank the community for their generosity!

Our next meeting is Tuesday, October 14 at Yoder's Restaurant. Come out for dinner at 6 p.m. to learn more about what we do. Our next event we will be at is serving our Fair Favorite Hot Ham Sandwiches at the New Holland Fair on October 1-4, 2025.









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The Lions Club of Mount Joy presented a monetary award to Mia Seidel, valedictorian of the class of 2025 at Donegal High School. Shown with Mia (center) are Mia's mother and PDG Carl Spellman. The club presents the Valedictory Award annually to the DHS graduate with the highest class ranking.

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The Lions Club of Mount Joy presented a monetary award to Kayla Ellinger (second from right) for her achievement as the highest-ranking 2025 graduate from Donegal High School in the CTC program. Kayla's family accompanied her to a recent meeting of the club, where PDG Carl Spellman recognized Kayla.