

A Message from District Governor Deb Keeports

Hello Lions and Leos!

Just a reminder, in December I will be visiting the East Petersburg-Landisville Lions Club on December 2nd, Garden Spot Lions Club on December 4th, and Ephrata Lions Club on December 5th.

It's that time of year when as Lions, we need to pause and be thankful for all that we have because there are many in our communities who have so little. Thank you so much to clubs that are doing Food Drives! Earlier this month Lancaster City declared a State of Emergency to address the lack of housing and shelter for homeless individuals.

Just a reminder about the fundraiser for Special Olympics of Pennsylvania. The funds raised will be designated for the Lancaster and Lebanon Special Olympic athletes. I've met with several of the staff with Special Olympics of Pennsylvania and they are very excited about this fundraiser. They have taken over 100 tickets to sell.

Thank you to all the clubs that donated pajamas to the service project that was organized by our State Global Service Chairperson. Across the state, a total of 3911 pair of pajamas were collected. Thanks to GST Deb Bagnoli and ZC Greg Walborn for distributing our collection of pajamas to the Lancaster and Lebanon offices of Children and Youth Services.

As always, **THANK YOU** to each and every Lion and Leo in District 14-D for your service! We couldn't do it without you.

Happy Holidays to All!

District Governor, Deb Keeports



Message from the 1st Vice District Governor Steve Lowe

Hello Lions!

I hope that everyone had a wonderful Thanksgiving. We have officially moved into the holiday season. As I reflect on the things that I have been the most thankful for over the years, I always start and finish with “family”. Being married to a wonderful Italian woman, I have been blessed with a very large extended family from her side. I am extremely thankful that I have all of them in my life.

As a member of Lions Clubs International, and specifically the Lions of Lancaster and Lebanon Counties Pennsylvania, I am thankful for each and every one of you. My Lions family is growing by leaps and bounds. So far this year, I have been able to visit several of our clubs and see a different side of Lionism than what I have previously known from my own club. I have visited with the Ephrata Lions, the Schoeneck Area Lions, the Quarryville Lions, and the Columbia Lions in addition to my own two clubs, the Lititz Lions and the Millersville Lions. Additionally, I have been able to participate in the opening up of a Club Branch, The Warwick Area Lions Club Branch, which will have applied for their own charter by the time that you read this article. I am exquisitely thankful for the graciousness and fellowship that I have been shown at each of your meetings. I have been honored to participate in several service projects and events with several clubs in the area, and I can’t wait for the rest of this Lionistic year to see what wonderful memories I can make with even more of my Lions family.

We are coming up on the halfway point for this Lionistic year. We have set a very high bar so far this year in reaching goals across the board. I challenge each of you to keep up the great work and take the final 6 months of this year to really raise the bar. I wish each and every one of you a very happy holiday season.

Yours in Lionism,

Steve Lowe

First Vice District Governor



Message from the 2nd Vice District Governor Craig Merkey



Hello Lions,

With the final Rally behind us, we move into this Holiday Season where many of us are serving the community at this time of need. I have enjoyed another Official Visit with DG Deb. The projects clubs are doing are great to hear about during these visits. Please make sure you are reporting all the service you are doing through the Lions Portal. I know many clubs are also great at adding their projects to social media! Let our communities know the great things we are doing to improve the communities we all love!

Region II will have their next Zone meeting on February 10, please look for the reminder email in January. I would love to see a few more clubs attending the meeting!

As we move into December, I want to wish you a Merry Christmas and Happy Holidays.

Craig Merkey
2nd Vice-District Governor



Memoriam

Samuel Diblasi

Denver Lions Club

Lee Huyett

Ephrata Lions Club



NEW MEMBERS

New Member

Daniel Sahd

Glenn Rambler

Nathan Strichler

Becca Goebel

Tony Rago

Judy Oram

Club

Columbia Lions Club

Lebanon Lions Club

Marietta Lions Club

Millersville Lions Club

Millersville Lions Club

Millersville Lions Club

Sponsor

Paul Resch

Bryan Smith

Gene Hilton

Connie Goebel

Kelly Testa

Steve Lowe

The November 2024 Newsletter inadvertently identified Melanie Herr as being a new member of the Millersville Lions Club. She is a member of the Millersville Lioness Lions Club. We apologize for any confusion that this caused.

Disclaimer: Because of the recent launch of the new Lions Portal, there may be names that are missing at this time.

FROM YOUR NEWSLETTER EDITOR ☐ **PLEASE FORWARD YOUR ARTICLES BY THE 25TH OF EACH MONTH. LET OTHER CLUBS KNOW WHAT YOUR CLUB IS UP TOO** ☐ **SHARE YOUR PHOTOS** ☐ **E-MAIL TO ME AT** ☐ **anitagordonpalmer@gmail.com** **Thank you** ☐ **Lion Anita Gordon-Palmer**



**LIONS INTERNATIONAL TRADING PIN CLUB
YOUTH SCHOLARSHIP PROGRAM**



**EDUCATIONAL SCHOLARSHIP PROGRAM
APPLICATION 2023-2024 ACADEMIC SCHOOL YEAR**

This scholarship is intended for the children/grandchildren of Lions, Lioness and/or Leo Club members.

All scholarship applications must be processed through a Lions Trading Pin Club or a State/Area Scholarship Committee, and submitted to the Secretary of the Lions International Trading Pin Club.

Scholarship Eligibility: Applicant must be a graduating senior who has been accepted for admission to an accredited college or institution of higher learning.

APPLICANT: _____

(please type or print clearly in ink)

Please check the appropriate boxes:

Child	Grandchild
of a Lion	a member of a Leo Club
Lioness	and/or

Name: _____ Date of Birth: _____

Last First Middle

Mailing Address: _____

Number & Street	City	State	Zip

Permanent Address: _____
(If different from mailing address) Number & Street City State Zip

Phone Numbers: _____ Email address: _____

Day Evening

Father's Full Name: _____ Occupation: _____

Mother's Full Name: _____ Occupation: _____

Number of siblings at home: _____ Number of siblings in college: _____

Estimated cost of 1 year of school:

How do you intend to fund? _____

What other scholarships have you applied for? _____

What other scholarships have you been offered? _____

High School Presently Attending: _____

*High School G.P.A. _____ Class Rank of _____ SAT/ACT Score _____ Percentile _____

*Certified copy of high school transcript, including activities, must be attached!

APPLICATION REQUIREMENTS:

NOTE: When writing personal essay to answer questions, the applicant may be disqualified if the statements exceed the maximum allowable words

In 350 words or less, write a personal essay of introduction stating your present and future goals and include your reasons for applying for this scholarship, describe your work experience and/or community services while attending high school and tell how your participation affected you.

Attach recommendations from two persons (i.e., teacher, coach, clergy, employer, etc.)

Attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

Lions International Trading Pin Club annually gives out at least three \$2,500 scholarships to Leos and kids or grandkids of Lions. In the 2024 year the LITPC raised enough money to hand out four scholarships including one to a deserving student from Biglersville, PA.

Entries are to be mailed to:

PDG Jason Radmann, 619 W 1st Street, Williamsburg, PA 16693 OR Email to lionjasonradmann@gmail.com.

Submission date is March 30, 2025.





Know **Diabetes** by **Heart**™




4 Steps to Preventing Stroke if You have Diabetes

If you have type 2 diabetes, you are at increased risk for stroke. There are steps you can take to reduce your risk. Start with these:

1.  Talk to your doctor to set goals for controlling your diabetes.

2.  Take your medicine as instructed by your doctor.

3.  Continue healthy eating habits and keep moving.

4.  Manage your blood pressure, cholesterol and diabetes.

What causes a stroke?

A stroke is caused by damage to the blood vessels carrying blood and oxygen to your brain. If one of those blood vessels is blocked or bursts, it prevents blood and oxygen from reaching your brain.

How are stroke and type 2 diabetes connected?

Unmanaged diabetes damages your blood vessels over time. Excess blood glucose (also called blood sugar) makes blood vessels stiff and the vessels can also fill with plaque (a fatty substance). Plaque leads to blockages.

Recognize the signs of a stroke:

F.A.S.T.

Face
Drooping

Arm
Weakness

Speech
Difficulty

Time to
Call 911

IF YOU DO HAVE DIABETES, there is a lot more you can do to reduce your risk for stroke.

Talk to your doctor about your next steps. You're not in this alone. Find answers to your questions and join the initiative: [KnowDiabetesbyHeart.org/join](https://www.knowdiabetesbyheart.org/join).

Region III Rally

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LEADING THE WAY

Leader Dogs for the Blind - Lions Newsletter



Navigating Life After A Hurricane

GUIDE DOG CLIENT STORY - LION WALKER J.
AND LEADER DOG LOKI

"Going to get vulnerable here for a moment. This morning, I had the most TERRIFYING experience of my life! My son, Riley, had to return to school after two weeks of no school courtesy of the hurricane. Because of that, I was notified yesterday that his bus can only pick him up at the end of our street because of all the debris and power lines down. Which means he has to walk there. However, it's a very long road and I'm not going to let my son walk that far in the dark by himself at 6:00 a.m. So, I decided that I would go with him with Leader Dog Loki guiding me.

Loki and I have been practicing night walks for a while now, so I figured we could do this despite all the debris. As we began our walk to Riley's bus stop, things were fine at first—felt like any other night walk. But as we got further down the road, that's when things got scary. The amount of debris began to become worse and worse, and it got so bad that I could feel Loki pulling me to the middle of the road for long periods of time. This could only mean that there was a lot of stuff he was having to take me around. At this exact time, there were no more streetlights to give me any indication of where we were because they had fallen. So, while Loki could see, it was completely black for me. I was completely and totally blind. Finally, we reached the end of the street. I could hear Riley's bus and then I heard Riley yell "Bye, Dad. Love you!" So, I knew he got on the bus.

Now it was time to walk back, but this time on the other side of the road. This is when I lost it. We're walking and Loki is pulling me around even more stuff and I have no clue what it is. All I could think about is what if we get hurt? What if he makes a mistake and I get stabbed by a sharp branch or worse? I started hyperventilating and I couldn't stop. Loki's a fast walker, which didn't help my nerves either. As we continued forward, my heart was pounding out of my chest. All of a sudden, I yelled out "Loki stop!" and I completely froze for about a minute. There we were, standing in the dark right there in the middle of the road, and I couldn't move. I had never been so scared in my entire life. Eventually I decided we couldn't stay there forever, so I knelt down and told Loki "I'm going to give you everything I have right now. We can do this. Take us home." So, we marched on. He's pulling me left and right. It felt like we were walking through an obstacle course. Not a single clue as what any of these obstacles were, but I trusted him with my whole heart and kept reminding myself that he can see things

Leader Dog Client and Lion, Walker navigating an intersection with his Leader Dog Loki.



HAPPY HOWL-IDAYS FROM ALL OF US AT
LEADER DOGS FOR THE BLIND!

41ST Annual "Santa's Workshop & Bakery"

December 7, 2024 (Sat.)
8:00 a.m. – 1:00 p.m.

Local Vendors and Artists

Homemade cookies, breads, soups and more

Christmas gifts and creative designs

Unique Christmas gifting ideas

Join us for lots of food, fun and great

Christmas shopping options

We look forward to seeing you soon!

St. Paul's UCC Social Hall
1304 Heidelberg Ave., Schaefferstown, PA

(Sponsored by the Heidelberg Twp. Lion/Lioness Club)





Community Blood Drive

Sponsored by the

Conoy Lions Club



Friday, December 13
11:30 am – 4:00 pm

Bainbridge Fire Company
Social Hall
34 S. Second Street
Bainbridge, PA 17502

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter Conoy to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



**American
Red Cross**

GIVE A LIONS SHARE OF LIFE.

Join the pride. Give blood.

Community Blood Drive **Trinity Reformed UCC**

Social Hall
450 West Main Street
Mountville, PA 17554

Monday, January 6, 2025
1:00 p.m. to 6:30 p.m.

SPONSORED BY MOUNTVILLE LIONS CLUB

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: Mountville to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



Scan to be directed to
RapidPass®



Scan to schedule
an appointment.

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App

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SPRING FLING BINGO BASH



Organized by the Ephrata Lions Club & benefitting
Pioneer and Lincoln Fire Companies, Ephrata Public Library, Ephrata Area Social
Services, & the Ephrata Community Ambulance Association.



YETI

**Gift
Baskets**

**DESIGNER
PURSES**

**Gift
Cards**



Saturday, April 12
Doors open at 12:30 pm
BINGO starts at 2:00 pm



Ephrata Recreation Center
130 S Academy Dr Ephrata, PA



\$30.00 Each with 20 Games
Visit <https://ephrata-lions-club.square.site/s/shop>
or scan the QR code to purchase tickets



Additionally, there will be food, 4 special games, 50/50, raffles,
door prizes, pull tabs and MORE!

Have a question? Email April at
alaus@faulknercollision.com
or call 717-330-2009





District Governor Deb Keepsports presented New Holland Lions member Bob Spotts with a certificate for his **70 year membership** as of May 2024. ***The club appreciates all that Lion Bob is doing with the club for our community!***



Members of the New Holland Lions Club who attended the meeting of the visit from District Governor Deb Keepsports in October.

Members of the Baron Stiegel Lions Club making those delicious cheeseburgers at the Agway store.



Thank you to the Quarryville and Wakefield Clubs for their 14th Annual Veterans Appreciation Dinner for our local veterans.



The Millersville Lioness Lions club had a very busy fall. We held our annual community Trunk and Treat Halloween celebration on Saturday, Oct 26, 2024. This event was held at John Herr's Village market parking lot in Millersville. We had about 19 vehicles which included cars from several members of the Millersville Lions club, the Blue Rock Fire Company and Millersville Boro police. The event was well attended by children and families with very imaginative costumes. And we were prepared this year and did not run out of candy. This has proven to be a fun event and allows families to participate and enjoy a safe Halloween event.



Our next event was our annual bingo party. This was held on Friday, Oct 18 at St Phillips Church in Millersville. We had over 200 people attend this event. In addition to the bingo games we sold raffle tickets for a large variety of amazing raffle prizes, tickets to a 50 - 50 raffle and of course a variety of tasty food items. This is the club's largest fund raiser event and allows us to contribute to a variety of community needs in addition to the many Lion projects.



December will have the club doing our annual flower / cookie project to donate these items to clients of Millersville Area Meals on Wheels. We will also hold our Pancake Breakfast with Santa on December 21.

Lion Jim Groff arrived Sunday to the first couple pictures showing the area devastation. He had trouble getting to his hotel. Local Lions & Lion Jim have been busy unloading the trucks. Our tractor trailers arrived Monday. 4 tractor trailers have been unloaded so far, 7 trucks are waiting to be unloaded. Warehouse is 80' x 200'. It is full. All the boxes are open and people are arriving using a grocery cart to go through the boxes and pull what they need. They are also taking supplies to a local church who are distributing them to the locals. Thursday they are taking supplies into the mountains of Pensacola, NC. These roads are impassable by vehicles. Jim will be attending the local Lions club meeting on Tuesday thanking them for all their hard work for the victims.



Christiana Lions Halloween open House

