

## A Message from District Governor Deb Keeports

Hello Lions and Leos!

Everyone keeps reminding me I'm on the downside of my year as District Governor. I keep reminding them that yes, that is true, BUT it's also the busiest time of my year as District Governor.

This month we have Presidents' Honor Night and the District Convention, which includes our great Basket Raffle. Due to a scheduling conflict, we have a new International Director coming that weekend, I.D. Bert Nelson and his wife Pamela. They are from Minnesota. As a reminder, we are doing a Service Project at our District Convention this year. We are packing Jared Boxes to be given to children at our local hospitals.

I want to thank all the Lions and Leos who came out to support our District Bowling Tournament on March 2<sup>nd</sup>! It was also great to have 3 teams of athletes from Special Olympics. Thank you, Lion Chester for chairing the District Bowling Tournament!

Thank you to ALL the Lions who came out on March 15<sup>th</sup> for our annual Melvin Jones Breakfast. What a great turnout!

On March 22<sup>nd</sup>, the Ephrata Lions Club celebrated their 100<sup>th</sup> Charter Anniversary. Congratulations Ephrata Lions! What a great evening and so many Lions from other clubs coming out to enjoy the celebration.

The percentage of clubs now reporting service has jumped to 75%, so close to our district goal of 77% of clubs reporting service. Keep reporting! Remember, you are showing the VALUE of your service when you report your club service activities.

Just another reminder, effective July 1, 2025, International Dues will increase to \$50.00 per year per member. In addition, LCI will **no longer** mail out paper invoices to clubs. Club Treasurers will need to access their club's invoices in the Lions Portal.

Don't forget, I will be going "Over the Edge" again this year for VisionCorps. As you know, my passion is Vision. Look for the flyer in the newsletter on how to support me with this great fundraiser.

As always, **THANK YOU** to each and every Lion and Leo in District 14-D for your service! We couldn't do it without you.

District Governor, Deb Keeports



## Message from the 1st Vice District Governor Steve Lowe

Hello Lions!

As we move into the Spring season, we can all look forward to warmer weather, increased yardwork, sunburns, and the beginning of the golf tournament season! As Lions, this is the season that we start to prepare for our next Lionistic year. We have our President's Honors Night, the District Convention, and the State Convention coming up within the next couple of months. I hope to see as many of you as possible at all three of these amazing events.

I wrote last month about looking at our goals from this year and making that stretch to reach or exceed them. Some tools were also mentioned to help all of our clubs achieve those goals. This month, I would like to reinforce how we can continue our amazing trend of having clubs celebrate their 100<sup>th</sup> Anniversary. Congratulations to the Ephrata Lions Club who just recently held their 100<sup>th</sup> Anniversary Celebration!! In the next Lionistic Year, we will have another club hit the century milestone.



I have heard our International leadership use this phrase to describe the options to us as Lions. When we walk into our own personal memory library of Lionism to look back on our clubs, do we want to go to the Current Events section of that library or do we want to go to the History section? When clubs don't grow, they start to die off. Planning for our club's future starts the day that the club charts and should be an ongoing venture for the club. By increasing our club membership, what we are doing is to increase the number of service hours that we can give to our communities. We are also increasing the potential ideas for new and novel fundraising tools as well as service projects. As we bring in younger Lions, we are securing the futures of our clubs. For many years, our clubs have been "aging" in that the average age of our members have been steadily increasing. By bringing in our younger generations, we are able to utilize their fresh perspectives on service to go along with the many number of years that they have ahead of them. A healthy mix in ages, cultures, beliefs, and backgrounds are what make our organization the leader in service that we are. 1<sup>st</sup> International Vice President A.P. Singh, while speaking in Chicago at my First Vice District Governor Seminar, said that we Serve to Lead and we Lead to Serve and we accomplish this through Membership. That sentence resonated with me because it ties all three of our main focuses for our clubs and ties them together synergistically. Each one drives the other.

Keep raising the bar for yourselves and your clubs. I look forward to seeing each of you during visits and at our events.

First Vice District Governor Steve Lowe

## Message from the 2nd Vice District Governor Craig Merkey

I can't believe it is April already!

It was great to see a nice group of bowlers at the District Bowling Tournament a month ago. Thank you to all that came out and participated!

The 100<sup>th</sup> Anniversary Dinner for the Ephrata Lions Club was a great celebration for the last 100 years. As they look forward it was great to hear they have also gained 15 new members this year. Since we are looking to have 1.5 million members in Lions by 2027, I was thinking that getting the community involved in the celebration could be a great way to re-energize our clubs that are hitting this milestone!

Clubs that are getting close to their next big anniversary may want to promote their club's anniversary in the local papers and share the service they have provided for the last 70, 80, 90 100 years!! What would your communities be without your club all these years? Inviting new members to bring their new ideas on how our clubs can impact the community now and moving into the future. The time is now!



There is still time to meet one of DG Deb's goals this year. She would like to **have each club have at least one (1)** club member attend a District function that they have never attended. There are just a more events coming this year, you still could attend a:

Zone Meeting

Presidents' Honor Night – April 11, I hope to see you all there!

District Convention – Millersville VFW, April 12, 10:30am-3:30pm. We will have International Director Maria Cuning joining us, we will be presenting the proceeds from our fundraiser to Special Olympics, and we will be working on a service project to make and create Jared Boxes. Everyone's favorite, the Basket raffles which are also at President's Honor Night. The District Convention includes the Necrology service for our Lions that passed the previous year. This is your chance to elect the leadership of the District and show your support by voting.

Craig Merkey

2nd Vice-District Governor

## Memoriam

**Johnathan King – Paradise Township Lions Club**

**Samuel Groff – Wakefield Lions Club**



## NEW MEMBERS

### New Member

Aaron Nolt  
Jeulina Nolt  
Dave Crinnon  
Larry Enochs  
Thomas Shirk  
Johnathan Loomis  
Pamela Ruoff  
Brad Hatfield  
Justin Gambone  
Sally Herr  
Karl Dominique  
Phil Groff

### Club

Akron Lions Club  
Akron Lions Club  
Columbia Lions Club  
Columbia Lions Club  
Columbia Lions Club  
Elizabethtown Lions Club  
Ephrata Lions Club  
Lancaster Lions Club  
Millersville Lions Club:  
Millersville Lions Club:  
Palmyra Area Lions Club  
Palmyra Area Lions Club

### Sponsor

Dennis Stauffer  
Dennis Stauffer  
Jeffrey Groff  
Jack Gamby  
Josh Birk  
Gregory Hitz  
Brad Lauderman  
Erle Smith  
Bruce Ratliff  
Debra Bagnoli  
Franklin Pulli  
Franklin Pulli

**Disclaimer: Because of the recent launch of the new Lions Portal, there may be names that are missing at this time.**

**FROM YOUR NEWSLETTER EDITOR: PLEASE FORWARD YOUR ARTICLES BY THE 25TH OF EACH MONTH. LET OTHER CLUBS KNOW WHAT YOUR CLUB IS UP TOO! SHARE YOUR PHOTOS! E-MAIL TO ME AT : [anitagordonpalmer@gmail.com](mailto:anitagordonpalmer@gmail.com) Thank you! Lion Anita Gordon-Palmer**



## WHY I GIVE STEPPING UP

Deb Keeperts, District Governor for Lions Clubs of Lancaster and Lebanon Counties learned about community service at a young age. "My Pop-Pop was a member of Lions Clubs back when I was growing up. Years later, when the opportunity came for me to join, I said 'Yes!'" Lions International is well-known for supporting vision-related services, and local affiliates do a lot for VisionCorps.



*Deb going over the edge at a VisionCorps Eye Drop fundraiser.*

"I had known of VisionCorps, but I didn't know about it," Deb said. In 2021, she invited Chief Development Officer Megan Tomsheck to do a presentation to her local Lions Club. "At the end of the presentation, when Megan reminded everyone about VisionCorps' Eye Drop fundraiser, our Past District Governor, Bill Grager, 'nominated' me to go Over the Edge!" Deb said. Bill's wife had done it twice. "The funny thing is, everybody thought that rappelling down the side of the Holiday Inn is what would get me out of my comfort zone. But the real challenge for me was having to secure \$1,000 in donations from sponsors. It brought back memories from high school: selling candy, magazine subscriptions, subs, and pizzas to support our band." She needn't have worried.

"Without hesitation, my employer and co-workers stepped up to donate," Deb said. She works as a paralegal for Atlee Hall, LLP. "Other donors soon followed. I was really blown away by how much I was able to raise." She's now done two Eye Drops, and is planning her third next year to commemorate the end of her term as district governor in June of 2025.

For the 2023 Eye Drop, a local tattoo artist offered to donate proceeds to VisionCorps. At the suggestion of the COO from Atlee Hall, LLP, Deb and three of her co-workers stepped up and each got a tattoo. "I'm involved with adopting dachshunds that are rescues, so my tattoo was a Picasso-style dachshund," she said.

Her support of VisionCorps is also personal. "When my Pop-Pop got shingles in the 1970s, he was warned not to let it get into his eyes, but eventually it did. He didn't lose all his vision, but he had to give up his driver's license," Deb said. Later, her mother and uncle were diagnosed with macular degeneration. "Sadly, the one thing my mom loved more than anything was to read. I've since learned that I have some of the same genetic markers for macular degeneration."

Deb believes that attitude is everything. "If you experience a vision loss, don't be afraid to ask for help to regain your independence." There are organizations out there to help. If you know someone who is losing their vision, tell them about VisionCorps. Get involved. Become a volunteer driver. Donate. The thing is, you never know if you or someone you love is going to need these services in the future."




**VisionCorps**
**2025 EYE  
DROP**  
 RAPPELLING EVENT

## ON THE EDGE OF GREATNESS

# HELP VISIONCORPS GET OVER THE EDGE!

JUNE 6, 2025 HOLIDAY INN,  
DOWNTOWN LANCASTER

[www.EyeDrop2025.org](http://www.EyeDrop2025.org)

Eye Drop 2025 is an exhilarating event in which participants commit to raising at least \$1,000 in exchange for an incredible opportunity to rappel 10 stories down the side of the Holiday Inn in downtown Lancaster!

Did you know that more than 15,000 individuals in Southeastern Pennsylvania are living with vision loss? Your support for Eye Drop 2025 will help us reach people in your community living with vision loss. VisionCorps' vision rehabilitation services are provided at no charge to individuals in Adams, Chester, Lancaster, Lebanon, and York counties.

This year we need you to help us get Over the Edge of ONE MILLION total dollars raised through EyeDrop. Are you ready to take on the challenge?

COME OUT AND WATCH OUR DG DEBORAH  
KEEPORTS GO OVER THE EDGE! !



**Support Me!**

EVENT MADE  
POSSIBLE  
WITH:

 **Holiday Inn**  
LIVING FORTH

...IMPERIAL

**OVER THE EDGE**

The Mane Connection

## Global Membership

# May Membership Symposium

## Energizing Topics



Gather 8 Members of  
1 club = FREE LUNCH

9:00 Welcome (bring a list of your club's events or activities)

### Ice Breaker

9:30-10:30 What's After Induction?

### Mentoring Members

10:30-11:30 Proudness in the Pride

### Guiding Lions for Leading

11:30-12:30 Lunch \$10.00

*Beverages, Snacks, Sandwiches, Veggies*

12:30-1:30 Members Roadmap

### Community Needs Assessment

1:30-3:00 Kick Butt Benefits & What Do You Want To Know?



Topics of your interest for discussion

Bring a List of Questions You Want Answered

**Saturday, May 17, 2025**

9:00 am to 3:00 pm

PA Lions State Office, 949 East Park Drive, Harrisburg, PA 17111-2586

*Register by May 1, 2025*

*MD-14 GMT Coordinator Cheryl Wilbur: Phone: 607-738-6909; Email: cawilbur65@gmail.com*





## PENNSYLVANIA LIONS BEACON LODGE CAMP

114 SR 103 SOUTH, MOUNT UNION PA 17066 (P) 814-542-2511 (F) 814-542-7437

Web: [www.BeaconLodge.com](http://www.BeaconLodge.com) Email: [office@beaconlodge.org](mailto:office@beaconlodge.org)

### PENNSYLVANIA LIONS' APPRECIATION DAY CELEBRATING 77 CONTINUOUS YEARS OF CAMPING SUNDAY, JULY 20, 2025

Sunday, July 20, 2025, has been designated as "Pennsylvania Lions Appreciation Day." This day recognizes Immediate Past District Governors and District Liaisons as well as all Lions and Leos for their outstanding support of the Beacon Lodge Program.

As a Lion or Leo, you are cordially invited to bring your families to Beacon Lodge to join the festivities. Festivities will begin at 9:00 AM. Lunch will be served from 11:30 AM to 12:30 PM. The cost is \$10.00 per person.

Pin Traders are invited to participate.

Clubs planning to arrange for bus transportation are urged to give the camp ample notice so adequate parking arrangements can be made. Bring lawn chairs and or blankets for seating during the camper's talent show. Certified service animals are allowed to attend if you bring the certification paper from the training entity.

We hope you will be able to visit the camp on "Pennsylvania Lions Appreciation Day" to observe what your contributions have made possible. Every Lion in the Commonwealth of Pennsylvania should be very proud of their part in making the Beacon Lodge Camp possible.

**PRE-PAID RESERVATIONS MUST BE MADE IN ADVANCE BY JUNE 30**  
**PLEASE SEND THE COMPLETED FORM (BELOW) TO THE ABOVE ADDRESS WITH PAYMENT**

PLEASE NOTE: NO RESERVATIONS WILL BE ACCEPTED AFTER JUNE 30, 2025

### PENNSYLVANIA LIONS APPRECIATION DAY July 20, 2025

PLEASE RESERVE \_\_\_\_\_ Picnic Meals @\$10.00 EACH = TOTAL \$ \_\_\_\_\_

TICKETS WILL BE PICKED UP ON JULY 20 BY:

NAME & ADDRESS OF PERSON MAKING RESERVATION:

NAME	STREET	CITY	STATE	ZIP
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Club and District

TOTAL ENCLOSED \$ \_\_\_\_\_

A 501(c) 3 NON-PROFIT ORGANIZATION (GIFTS ARE TAX DEDUCTIBLE)





**Pennsylvania Lions Beacon Lodge Camp**  
Will hold its 22nd Annual

## ***GREAT DUCK RACE***

Held at PA Lions Beacon Lodge Camp on Lions Appreciation Day  
Sunday, July 20, 2025

Post Time 12:30

Donation \$5.00

1<sup>st</sup> Place Prize--\$1,000

2<sup>nd</sup> Place--\$500.00

4<sup>th</sup> Place--\$125.00

3<sup>rd</sup> Place--\$250.00

5<sup>th</sup> Place--\$125.00

Don't hesitate to contact your Beacon Lodge Board Member for tickets and  
information.

## PA Lions Beacon Lodge Camp 8th Annual Golf Outing August 23, 2025

### Add-Ons

#### Overnight Accommodations

at Beacon Lodge Camp .....Free

Please call Beacon Lodge to make arrangements  
814-542-2511

#### Early Bird Golf - 18 holes

Friday, August 22 (all day) ..... \$24

### Sponsor Information\*

Name: \_\_\_\_\_

Sign Wording: " \_\_\_\_\_

\_\_\_\_\_ "

District 14- \_\_\_\_\_

Contact: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**\*Send before August 8, 2025**

Thank you for helping us serve!

In 1948, PDG Carl Shoemaker helped found Vacations for the Blind, a summer camp designed for adults with vision impairment. Since then, the name was changed to PA Lions Beacon Lodge Camp. The program has also changed to include children and adults with a wide range of disabilities. By providing a sponsorship or joining us at the American Legion Country Club, you will be helping us continue our mission of providing a summer camp experience to our statewide community of Adults and Children living with Special Needs.



PA Lions Beacon Lodge Camp  
114 State Route 103 South  
Mount Union, PA, 17066



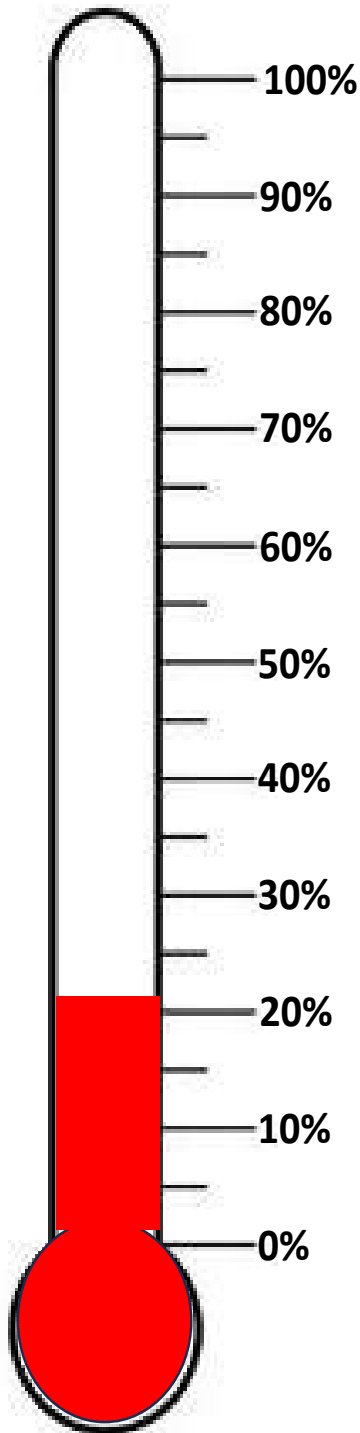
## PA Lions Beacon Lodge Camp 9th Annual Golf Outing

Saturday, August 23, 2025, 1:00 pm

American Legion Country Club  
Mount Union, PA, 17066  
814-542-4343





**100% "500" Club Donations**

**As of Mar 25**

**33 to go!**

**Has YOUR club  
Sponsored?**

We want the clubs of our District to set the pace and have 100% donations to the Beacon lodge "500" Club.

Each Lion in your club is asked to donate \$5.00.

Make your checks out to Beacon Lodge and send them to:

**PDG Bill Grager  
175 Old Post Lane  
Strasburg, PA 17579**



**Get your \$5.00 per member in as soon as possible.**

## PA Lions Beacon Lodge Camp

Are you looking for a way to help special needs children and adults **AND** have fun?

Then, this golf outing is exactly what you're looking for!

**When:** Saturday, August 23, 2025

Check-In - Noon

Shotgun start at 1:00 pm

**Where:** American Legion Country Club  
Mount Union, PA, 17066

**Format:** 18-hole Scramble

**Price:** Just \$85/golfer includes—  
Green Fees  
Cart  
Prizes & Awards  
Snacks, beer, pop, and water  
all day  
Food is included throughout  
the day

**Note:** make checks payable to  
"PA Lions Beacon Lodge Camp"  
and return:

**PA Lions Beacon Lodge Camp**  
**114 State Route 103 South**  
**Mount Union, PA, 17066**

## 9<sup>th</sup> Annual Golf Outing

### Prizes

1<sup>st</sup> Place Team \$300

2<sup>nd</sup> Place Team \$200

3<sup>rd</sup> Place Team \$100

Plus,

Skills Prizes on all par 3s:

Longest Drive and Longest Putt -

\$50 Pro Shop Gift Certificates

**Your support as a Sponsor is crucial to the success of PA Lions Beacon Lodge Camp.**



### Sponsor Levels:

**Diamond - \$10,000** Includes Naming Rights for the outing, Logo Branding on event website, Score Cards, and all pin flags; a 3'x2' diamond-shape Pavilion Sign, 4 paid Foursomes and an 18"x12" Hole Sponsor Sign (at a tee or green)

**Ruby - \$5,000** Includes 3'x2' Ruby sign, 2 paid Foursomes and an 18"x12" Hole Sponsor Sign (at a tee or green)

**Platinum - \$2,500** Includes 3'x2' Platinum sign, 2 paid Foursomes, and an 18"x12" Hole Sponsor Sign

**Gold - \$1,500** Includes a 3'x2' Gold Sign, 1 paid Foursome, and an 18"x12" Hole Sponsor Sign

**Silver - \$1,000** Includes a 3'x2' Silver Sign, 1 paid Foursome, and an 18"x12" Hole Sponsor Sign

**Bronze - \$500** Includes a 3'x2' Bronze Sign and an 18"x12" Hole Sponsor Sign

**Hole - \$100** Includes an 18"x12" Hole Sponsor Sign

**Cart - \$50** Includes an 8.5"x11" sign on cart

## Golfer Registration Form

### PA Lions Beacon Lodge Camp

Format: 4-Person Scramble  
(One single-digit handicap per team)

Team Name \_\_\_\_\_

Golfer #1 \_\_\_\_\_

Address \_\_\_\_\_

City/St/ZIP \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Email \_\_\_\_\_ Hcp \_\_\_\_\_

Golfer #2 \_\_\_\_\_

Address \_\_\_\_\_

City/St/ZIP \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Email \_\_\_\_\_ Hcp \_\_\_\_\_

Golfer #3 \_\_\_\_\_

Address \_\_\_\_\_

City/St/ZIP \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Email \_\_\_\_\_ Hcp \_\_\_\_\_

Golfer #4 \_\_\_\_\_

Address \_\_\_\_\_

City/St/ZIP \_\_\_\_\_

Phone (H) \_\_\_\_\_

Phone (W) \_\_\_\_\_

Email \_\_\_\_\_ Hcp \_\_\_\_\_





**LIONS INTERNATIONAL TRADING PIN CLUB  
YOUTH SCHOLARSHIP PROGRAM**



**EDUCATIONAL SCHOLARSHIP PROGRAM  
APPLICATION 2023-2024 ACADEMIC SCHOOL YEAR**

This scholarship is intended for the children/grandchildren of Lions, Lioness and/or Leo Club members.

All scholarship applications must be processed through a Lions Trading Pin Club or a State/Area Scholarship Committee, and submitted to the Secretary of the Lions International Trading Pin Club.

**Scholarship Eligibility:** Applicant must be a graduating senior who has been accepted for admission to an accredited college or institution of higher learning.

APPLICANT: \_\_\_\_\_

(please type or print clearly in ink)

Please check the appropriate boxes:

	Child	Grandchild
of a    Lion            Lioness	and/or	a member of a Leo Club

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Number & Street	City	State	Zip

Permanent Address: \_\_\_\_\_  
 (If different from mailing address) Number & Street City State Zip

Phone Numbers: \_\_\_\_\_ Email address: \_\_\_\_\_  
Day Evening

Father's Full Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Mother's Full Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Number of siblings at home: \_\_\_\_\_ Number of siblings in college: \_\_\_\_\_

Estimated cost of 1 year of school:

How do you intend to fund?

What other scholarships have you applied for? \_\_\_\_\_

What other scholarships have you been offered? \_\_\_\_\_

High School Presently Attending: \_\_\_\_\_

\*High School G.P.A. \_\_\_\_\_ Class Rank of \_\_\_\_\_ SAT/ACT Score \_\_\_\_\_ Percentile \_\_\_\_\_

\*Certified copy of high school transcript, including activities, must be attached!

**APPLICATION REQUIREMENTS:**

**NOTE:** When writing personal essay to answer questions, the applicant may be disqualified if the statements exceed the maximum allowable words

In 350 words or less, write a personal essay of introduction stating your present and future goals and include your reasons for applying for this scholarship, describe your work experience and/or community services while attending high school and tell how your participation affected you.

Attach recommendations from two persons (i.e., teacher, coach, clergy, employer, etc.)

Attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

**Lions International Trading Pin Club annually gives out at least three \$2,500 scholarships to Leos and kids or grandkids of Lions. In the 2024 year the LITPC raised enough money to hand out four scholarships including one to a deserving student from Biglersville, PA.**

**Entries are to be mailed to:**

**PDG Jason Radmann, 619 W 1st Street, Williamsburg, PA 16693 OR Email to [lionjasonradmann@gmail.com](mailto:lionjasonradmann@gmail.com).**

**Submission date is March 30, 2025.**



## DIABETES AND CARDIOVASCULAR DISEASE

Diabetes is a condition that causes blood glucose (also called blood sugar) to rise to above normal levels.<sup>1</sup>



More than 37.3 million Americans have diabetes.<sup>2</sup>



Cardiovascular disease describes a range of conditions that affect the heart, including heart attacks and strokes.<sup>3</sup>

## THE CONNECTION BETWEEN TYPE 2 DIABETES AND CARDIOVASCULAR DISEASE

**2x**

People living with diabetes are twice as likely to develop and die from cardiovascular disease than people without diabetes.<sup>4</sup>



The longer you live with diabetes, the higher your cardiovascular disease risk.



People with type 2 diabetes often have risk factors for cardiovascular disease, including high blood pressure, high cholesterol, obesity, and lack of physical activity.<sup>5</sup>



Diabetes can damage your blood vessels and the nerves that control your heart and blood vessels.<sup>6</sup>



Having diabetes increases your risk of heart attack or stroke even when blood glucose is well managed.<sup>5</sup>

## KNOWING THE IMPACT OF DIABETES AND CARDIOVASCULAR DISEASE

Cardiovascular disease is the number one cause of death and major cause of heart attack, stroke and disability for people with type 2 diabetes.<sup>7</sup>



One in seven health care dollars is spent directly treating diabetes and its complications.<sup>8</sup>



**12 YEARS**

At age 60, having type 2 diabetes and a history of heart attacks or strokes may have a life expectancy 12 years shorter than someone without both conditions.<sup>9</sup>

**\$327 BILLION**

The total costs of diagnosed diabetes in the U.S. are \$327 billion.<sup>8</sup>

## MANAGING TYPE 2 DIABETES AND REDUCING THE RISK OF CARDIOVASCULAR DISEASE<sup>10,11</sup>



Talk to your doctor about your diabetes and risk of heart disease and stroke.



Make healthy food choices, including a variety of vegetables and fruits in many different colors, lean meats and plant-based protein sources, and fiber-rich whole grains.



Get at least 30 minutes of physical activity each day.\*



Monitor your blood glucose, blood pressure, cholesterol and weight.



Quit smoking.



Find healthy ways to manage stress, like meditation.

## LEARN MUCH MORE AT AMERICAN HEART ASSOCIATION | DIABETES

\*Consult a physician before starting a new exercise routine.

1. American Heart Association. "Blood Cholesterol." Published August 2015.
2. Centers for Disease Control and Prevention. National Diabetes Statistics Report. Published 2022.
3. American Diabetes Association. "What is Cardiovascular Disease?" Updated May 2017.
4. Centers for Disease Control and Prevention. Website. <https://www.cdc.gov/diabetes/managing/problems.html> Accessed October 2016.
5. American Diabetes Association. "Cardiovascular Disease & Diabetes." Published August 2015.
6. National Institutes of Diabetes and Digestive and Kidney Diseases. "Diabetes, Heart Disease, and Strokes." Published February 2017.
7. National Institutes of Health. Diabetes in America, 3rd ed. Bethesda, MD: NIH Pub No. 13-1469, 2017.
8. American Diabetes Association. "Economic Costs of Diabetes in the U.S. in 2017." Diabetes Care. 2018.
9. University of Cambridge. "Complications of Diabetes and Heart Disease substantially reduce life expectancy." Published July 2015.
10. American Heart Association. "Living Healthy with Diabetes." Published August 2015.
11. American Heart Association. "5 Tips to Manage Stress." Published February 2015.



# SAVE THE DATE!

## \*\*DISTRICT 14-D CONVENTION\*\*

**Theme: Lions and Special Olympics Pennsylvania**

**Date: April 12, 2025**

**Time: 10:30 a.m. – 3:30 p.m.**

**Location: Millersville VFW  
219 Walnut Hill Rd.  
Millersville, PA 17551**

**District Governor Deb has planned an exciting day to include:**

- International Director Maria Cunning
- Leader and several Athletes from the Special Olympics Pennsylvania
- Special Presentation
- Fabulous Lunch
- Our 8 Different Global Causes Display
- Necrology Service
- Jared Box Service Project
- Basket Raffles

**Registration packets will be available soon.**

**Let's make this our BEST District Convention EVER!!!**

**Lion Lori Eshelman and Lion Pat Benson**



**Special Olympics  
Pennsylvania**

## **DISTRICT 14-D CONVENTION**

**April 12, 2025**

**Fellow Lions and Leo's**

**The District 14-D Convention will be held on Saturday, April 12, 2025, at the Millersville VFW Post 7294, 219 Walnut Hill Rd, Millersville PA 17551 .**

**We are extending this invitation to Lion and Leo members and their families to join us at the 2025 convention. District Governor Deb Keeports has planned an informative, impactful day alongside our regular convention duties and voting. We will hear from International Director Marie Cunning, Special Olympics will be presented the check from the District Calendar Fundraiser, we will pack Jared Boxes for local hospitals plus have an interaction area focusing on LCI's 8 global causes plus another chance to purchase raffle tickets!**

**Registration forms are due March 28, 2025, but if you find out at the last minute you can attend the convention, please call or text me so we can create a convention packet for you before your arrival. Lori's Cell: 717-350-5536.**

**We look forward to seeing you. Let's make this a banner attendance year!**

**District Convention Committee Co-Chairpersons**

**Lion Lori Eshleman & Lion Pat Benson**



## DISTRICT CONVENTION NEWS

**SUBJECT: District 14-D Convention – April 12, 2025**

Your District Convention committee and District Governor are requesting each Club to **PROMOTE** the District Convention and ask your Lions to participate and attend the convention. We are looking forward to a fun, informative convention.

**EACH CLUB** can participate and accomplish this by:

1. Donating a Theme Basket
2. Donating \$30.00 to assist us with costs

**PARTICIPANTS** attending the District Convention have a Pre-Registration cost of \$10 which assists in the cost of the convention and their lunch.

**WE LOOK FORWARD TO YOUR COMMITMENT WITH A FINANCIAL DONATION, THEME BASKET, AND A HUGE TURNOUT OF YOUR DELEGATES!**

Yours in Lionism

Lion Lori Eshleman and Lion Pat Benson

District Convention Co-Chairs

.....

### FINANCIAL DONATION

Club Name\_\_\_\_\_

Club President or Secretary Name\_\_\_\_\_

Requested Donation \$30.00

Make check payable to: DISTRICT 14-D

Mail check to: PDG Lion Deb Burkholder  
25 James Drive, Denver, PA 17517  
H: 717-484-4892 or C: 717-816-4999

**THANK YOU-** Donation appreciated by 4/11/2025 or sooner

**DISTRICT 14-D CONVENTION**  
**Millersville VFW Post 7294**  
**219 Walnut Hill Rd, Millersville PA 17551**  
**April 12, 2025**

**REGISTRATION FORM** (Each Lion, Leo, or Guest must have a separate registration form)

\_\_\_\_\_ Check One \_\_\_\_\_ Lion \_\_\_\_\_ Leo \_\_\_\_\_ Guest  
 Club Name \_\_\_\_\_

\_\_\_\_\_ Last Name First Name Telephone #

\_\_\_\_\_ Street Address City State Zip

ACTIVITY	TIME	COST
Pre-Registration- Adults		\$10.00
Pre-Registration- Children under 12		\$ 5.00
Registration Day of Event	10:30-12:00	\$15.00
Certification	10:30- 12:00	
Basket Raffle Ticket Sales	10:30-2:30	
Opening Ceremony: District Governor Report	11:00-12:00	
Nominating Chair: Speech Rules, Candidate Presentations		
Internation Director		
Lunch	12:00-1:00	
Voting	12:00-1:00	
Jared Box Assembly	1:30-2:30	
Necrology Service	2:30-3:00	
Reports: Certification, Registration and Voting	3:00-3:30	
Comments from 1 <sup>st</sup> Vice DGE, 2 <sup>nd</sup> Vice DGE and DGE		
Theme Basket winners		
Final comments from District Governor Deb Keeperts		
Close of Convention	3:30	

Make Check Payable to District 14-D and Send with Registration Form to:  
 Lion Lori Eshleman, 120 Steinman Farm Rd, Pequea, PA 17565. 717-350-5536  
**Registration forms and checks must be received by 4/7/25**



**Theme Basket Donation for President's Honor Night- April 11, 2025  
Winners drawn at District Convention April 12, 2025**

**Lions and Leos**

The 2025 President's Honor Night & District 14-D Convention are rapidly approaching.

As always, there is a cost to the district to sponsor an event such as this. To help offset this cost, we again are asking all the clubs in District 14-D to put together a "Theme" basket and bring it to President's Honor Night.

We encourage all clubs in the district to donate a "Theme" basket for this event. Please complete the form below and mail it or email it to confirm your basket donation. If you have any questions, please contact Lion Pat Benson at 717-808-0970 or patty cake119@comcast.net.

Some common "Themes" of previous baskets were Lottery Tickets, Food, Golf, Money, and even a Chocolate or Bologna theme. You can even put a \$50 bill in a frame as an item for the fundraiser. Baskets that are filled with items that are produced locally are always a big hit. Each basket should be worth around \$50.00.

**ALCOHOL IN BASKETS IS STRICTLY PROHIBITED but you can put in a gift card for alcohol.**

We ask all clubs to bring their "Theme" basket to President's Honor Night, which will be held on April 11, 2025, at Yoder's Banquet Hall in New Holland. This way we can raise more money for the convention by allowing everyone who attends President's Honor Night a chance to purchase tickets to win a basket. If you cannot bring the basket to President's Honor Night, please make arrangements for someone to bring it for your club to the dinner.

**Thank you in advance for donating a "Theme Basket" for the Convention. We look forward to seeing you and members of your Club at President's Honor Night and the District Convention.**

---

**Theme Basket Donation**

Club Name: \_\_\_\_\_

Club President or Secretary Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Our club will support the District Convention by donating a "Theme Basket"

**Please email this form by April 1, 2025 to: [patty cake119@comcast.net](mailto:patty cake119@comcast.net)**

**Or Mail to: Lion Pat Benson  
119 Waypoint, Lancaster PA 1760e**



# 102nd ANNUAL PENNSYLVANIA LIONS CLUBS STATE CONVENTION

~ Thursday May 1 through Sunday May 4, 2025 ~

Hilton Scranton & Conference Center, 100 Adams Ave., Scranton, Pa 18503



## REGISTRATION (complete one form per attendee)

Return form by: **April 12, 2025**

Name (Last Name, First Name) \_\_\_\_\_ Sub-District \_\_\_\_\_  
 Circle Membership: Lion Leo Guest Title: ID PIP PID DG VDG PDG CC PCC  
 Address: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Club Name \_\_\_\_\_ Spouse/Partner/Guest \_\_\_\_\_  
 First State Convention Yes No Years as a Lion \_\_\_\_\_  
 Special considerations: Dietary Restrictions Hearing Vision Physically Challenged

Convention Registration \$15 per attendee \$ \_\_\_\_\_  
 State Convention Pin @ \$5/pin \$ \_\_\_\_\_

## Meal Reservations

**Friday Luncheon** ~ wrap buffet w/ various wraps, coleslaw, tomato cucumber salad, potato salad, chips, brownies/cookies, iced tea \$25 per person \$ \_\_\_\_\_

**PA Counsellors/District Governors Honor Banquet Friday** ~ \$37 per person  
 Plated meals with vegetable, starch, dessert, warm rolls and coffee - Choice of  
 \_\_\_\_\_ Cedar Salmon  
 \_\_\_\_\_ Tomato Basil Chicken  
 \_\_\_\_\_ Vegetarian Meal \$ \_\_\_\_\_

**Saturday Luncheon** ~ \$28 per person --- BBQ Pit with pulled pork, BBQ beef, blackened chicken, steak fries, baked beans, smoked corn salad, cornbread and dessert \$ \_\_\_\_\_

**Saturday International Banquet** ~ \$37 per person  
 Plated meals with vegetable, starch, dessert, warm rolls and coffee - Choice of  
 \_\_\_\_\_ Bourbon Glazed Pork  
 \_\_\_\_\_ Chicken Piccata  
 \_\_\_\_\_ Vegetarian Meal \$ \_\_\_\_\_

**Melvin Jones Fellow/Key Member Breakfast Sunday** ~ \$24 per person \$ \_\_\_\_\_

Breakfast buffet w/ scrambled egg, French toast, bacon, sausage, breakfast potatoes, fruit, pastries, coffee, tea, juices

"EXTRAS" \*\*\*\*\* Guided Tour of The Scranton Cultural Center \$15 per person \$ \_\_\_\_\_  
 \*\*\*\*\* Wine & Cheese Pairing \$15 per person \$ \_\_\_\_\_

~ ~ Amount due for MEAL RESERVATIONS \$ \_\_\_\_\_

~ ~ ~ ~ **TOTAL AMOUNT DUE** \$ \_\_\_\_\_

Checks payable to: **Lions 2025 Convention**

Mail To: PDG Fran Stepkovitch, 107 Krystal Cir., Archbald PA 18403  
fran623@comcast.net 570-470-7838





# PA State Council of Lions Clubs STATE CONVENTION

Thursday, May 1 - Sunday, May 4, 2025



**Ads Submission Deadline is April 1, 2025**

We are now accepting advertisements for our upcoming event booklet. Here are some important guidelines to ensure your ad is displayed in the best possible quality:

- ♦ For Best Quality: Please submit *print-ready* PDF or JPEG files at the *exact ad size* electronically.
- ♦ If needed, you may submit clean, reproducible hard copies such as business cards or letterheads to be scanned. However, *reproduction quality in the final publication cannot be guaranteed.*
- ♦ Please avoid folding, taping, or stapling within the image area.
- ♦ Cover placements are available on a *first come, first served* basis and will be reproduced in *full color*.

	Outside back cover (1)	Reserved	\$250	_____
	Inside front cover (1)	4.5" X 7.5"	\$200	_____
	Insider back cover (1)	4.5" X 7.5"	\$200	_____
	Full page	4.5" X 7.5"	\$100	_____
	Half page	4.5" X 3.75"	\$60	_____
	Quarter page	4.5" X 1.375"	\$30	_____

## Convention Program Booklet Patron Ads

Donations for a single line (up to 40 characters, including spaces) are \$5. Please type or print clearly.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Program Advertising Contract

By signing below, the advertiser authorizes the inclusion of their enclosed advertisement in the 2025 PA Lions State Convention Booklet, to be published for the convention taking place from May 1-4, 2025

Club/Company Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Title \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

## Make checks payable to: PA Lions Convention 2025

Include Lions Convention Ad in the memo

Please mail this form, your payment, and a copy of your ad to:

Stefanie Camoni

310 2nd St. Blakely, PA 18447

To submit your ad electronically, email it to  
[smd2835@gmail.com](mailto:smd2835@gmail.com) and include  
"Lions Convention Ad" in the subject line.





Lion Chester is looking 4 unwanted Lions pins  
to add to my collection Thanks

text 717 278 7372 or email [lionchetstoltzfoos@aol.com](mailto:lionchetstoltzfoos@aol.com)

**MD-14 State Convention**

# **Basket Raffle**



**Contact PDG Dave Barrett If any questions (570) 499-4588**

**Drop Off at Hilton on Thursday May 1st**

**\*No Alcohol in Baskets - Gift Cards for Alcohol is Permitted\***

## 102<sup>nd</sup> ANNUAL PENNSYLVANIA LIONS CLUBS STATE CONVENTION



Thursday, May 1 through Sunday, May 4, 2025



Hilton Scranton

100 Adams Avenue, Scranton PA 18503

### HOTEL INFORMATION

The hotel has a block of rooms for the PA Lions 102<sup>nd</sup> Convention. Contact the hotel to make a reservation. The discounted rate of **\$149.00/night is in effect until April 9, 2025.**

To make a room reservation call 570-343-3000 and dial "0" for the front desk.

If you would like to make a reservation online the booking code is

<https://www.hilton.com/en/attend-my-event/lionsclub2025convention/>

and the link is available on the State website.

### Online Convention Registration is Now Available!

To register for the Convention and all meals online go to the State website – **palions.org** and fill out the electronic form with your selections. Pay with a debit or credit card.

### Calling All Leos to Attend the 102<sup>nd</sup> State Convention!

Leos and Leo Advisors, please plan on attending the 102<sup>nd</sup> State Convention.

Convention registration is **FREE** for all Leos!

We hope to see you there!





### Lions, LEOS, Guests, and Friends,

Multiple District 14-H warmly invites you Scranton, Pennsylvania for the 2024/2025 MD-14 State Convention from May 1st to the 4th as we welcome International President Fabricio Oliveira as our featured guest.

In a weekend full of fellowship, culture, and enlightenment, Scranton offers a diverse assortment of restaurants, shopping, entertainment, and points of interest that will please visitors from here and far.

Convention weekend will feature seminars of Lions projects within Pennsylvania, lunches and dinners with messages from local leaders, an available tour of the iconic Scranton Cultural Center, a wine & cheese pairing from a local vintner, and a sporty hospitality party based on the weekends theme "Swing In To Scranton."

The convention committee is working hard on making this a memorable weekend for everyone and we hope you can Swing In To Scranton this coming May.

**PDG Dave Barrett, Convention Chairman**



## Convention Special Guests:



### *Friday's Lunch:*

Former Penn State University and NFL Quarterback **Matt McGloin** will be speaking about leading teams through delegation and overcoming obstacles to achieve positive end results.

### *Saturday's Lunch:*

Former Vice President of Operations for the Scranton - Wilkes Barre RailRiders and the current Director of the Lackawanna Visitors Bureau **Curt Camoni** will speak on the importance of "Sending a Message" to help capture the attention and inspire an audience through communication.



### *Saturday's International Banquet:*

Current International President of Lions Clubs **Fabricio Oliveira** will share his theme of how we can leave an imprint as you "Make Your Mark" through serving others.



### *Sunday's Melvin Jones Breakfast:*

Progressive Melvin Jones Fellow, Past Council Chair **Mark Kusma**, will give a message on the "Importance of Giving" to our organizations foundation



### **Conference Tour**

**A guided tour of the Scranton Cultural Center** - Pre-Registration and payment of \$15 is required. The Scranton Cultural Center at the Masonic Temple is a theater and cultural center in Scranton, PA. It is listed on the National Register of Historic Places.

The tour is specific to the key elements of the Masonic Temple. Our tours teach both kids and adults the uses of the building today, as well as, inform them of the architecture of the building and history of the Masons.

The tour will guide groups through the levels and rooms including the two theaters, the grand ballroom, the library, the Masonic lodges and more! Each space is used for a wide variety of events and will amaze children and adults when they find out how much goes on behind the walls of Scranton's architectural phenomenon.



**Wine & Cheese Pairing by Capra Collina Winery** - Pre-Registration and payment of \$15 is required. This will be held on site at the Conference Center.

Join Capra Collina, a family-owned winery from Blakely, PA, for a memorable wine and cheese pairing experience. Sample our handcrafted traditional red and white wines, along with a variety of sweet fruit wines, perfectly paired with gourmet cheeses. Celebrate the art of flavor and enjoy a taste of Northeast Pennsylvania's finest!



# PRESIDENTS' HONOR NIGHT DISTRICT 14-D



TO HONOR LION AND LEO CLUB PRESIDENTS AND SHOW YOUR APPRECIATION FOR THEIR DEDICATION, LOYALTY AND EFFORT TOWARDS THE CAUSE OF LIONISM

DATE: FRIDAY EVENING, APRIL 11, 2025  
 PLACE: YODER'S BANQUET HALL, NEW HOLLAND  
 COST: \$32.00 PER PERSON  
DEADLINE FOR ALL RESERVATIONS MARCH 25, 2025  
 TIME: RECEPTION 6:00 TO 6:30  
 DINNER 6:30

MEET INTERNATIONAL DIRECTOR Marie Cunnine from Phoenix, Arizona!

*Tossed Salad  
 Applesauce  
 Rolls  
 Beverages*

MENU (FAMILY STYLE)  
*Beef Tips  
 Broasted Chicken  
 Baked Corn  
 Peas*

*Buttered Noodles  
 Shoofly Pie  
 Lemon Meringue Pie  
 Ice Cream*

SEND RESERVATIONS AND CHECKS (make payable to District 14-D) To:

PDG Deb Burkholder  
 25 James Drive  
 Denver, PA 17517

**\*\* NOTE \*\***

**FINAL DEADLINE FOR ALL RESERVATIONS IS MARCH 25<sup>th</sup>.  
 ANY INDIVIDUAL RESERVATIONS AFTER THIS DATE  
 CAN NOT BE GUARANTEED TO BE SITTING WITH THEIR CLUB**

CLUB \_\_\_\_\_

TOTAL NUMBER \_\_\_\_\_ X \$32.00 EACH = \_\_\_\_\_

**PLEASE LIST THE NAMES OF ANY CABINET MEMBERS AND PAST DISTRICT GOVERNORS ATTENDING**

\_\_\_\_\_  
 \_\_\_\_\_



# The Lions Club of Mount Joy

# PANCAKE BREAKFAST

All you can eat Pancakes!  
Sausage, Coffee, Tea and Juice

**Saturday, April 5, 2025**

**7:00 a.m. to 10:00 a.m.**

**Trinity Lutheran Church**

47 West Main Street, Mount Joy

Adults - \$10.00

Children (ages 4 through 10) - \$8.00 (3 and under free)

*All Profits Support Community Projects*

**Donations of Non-Perishable Food for the  
Mount Joy Food Bank will be gratefully accepted**



# SPRING FLING BINGO BASH



Organized by the Ephrata Lions Club & benefitting  
Pioneer and Lincoln Fire Companies, Ephrata Public Library, Ephrata Area Social  
Services, & the Ephrata Community Ambulance Association.



**YETI**

**Gift  
Baskets**

**DESIGNER  
PURSES**

**Gift  
Cards**



**Saturday, April 12**  
Doors open at 12:30 pm  
BINGO starts at 2:00 pm



**Ephrata Recreation Center**  
130 S Academy Dr Ephrata, PA



**\$30.00 Each with 20 Games**  
Visit <https://ephrata-lions-club.square.site/s/shop>  
or scan the QR code to purchase tickets



Additionally, there will be food, 4 special games, 50/50, raffles,  
door prizes, pull tabs and MORE!

Have a question? Email April at  
[alaus@faulknercollision.com](mailto:alaus@faulknercollision.com)  
or call 717-330-2009





## Support Our Fundraiser

Our organization earns 15% of all Dine-In, Take-Out, Catering and Gift Card Orders.\*

Sunday, April 13, 2025

## To Benefit

**The Mount Joy Lions Club Splashpad Project**

## At Isaac's

**Mount Joy**

**919 E. Main St.**

**ONLINE ORDERS** - Enter "Fundraiser" in the box on the payment page.

**TAKEOUT ORDERS** - Let Isaac's team member know you are part of our fundraiser when placing your order.

*\*Sorry, we cannot accept coupons, discounts or Loyalty perks on Fundraising orders.*





Penn Medicine  
Lancaster General Health

It Feels Good to  
**be a Hero**



**LGHealth.org/GiveBlood**

We invite you to join the  
**Paradise Township Lions Club**  
for a community blood drive.

**Every donation has the potential to save a life!**

**When:** Tuesday, April 15, 2025  
2:00pm – 7:00pm

**Where:** The Factory Ministries  
3293 E. Lincoln Hwy  
Paradise, PA 17562

Please call 717-544-0177 to schedule



# **CHRISTIANA LIONS CHICKEN BARBEQUE FUND RAISER**

**BY RANDY YODER**

**WHEN: APRIL 19TH**

**FROM 9:30 to 12 or TILL GONE**

**WHERE: LIONS CLUB COMMUNITY BUILDING  
325 N BRIDGE ST CHRISTIANA**

**COST: \$9 FOR A  
THIGH AND LEG,  
CHIPS, DRINK AND  
A WHOOPIE PIE  
OR  
\$7 WITHOUT THE  
THE WHOOPIE PIE**





*Benefit ride*

*All money raised will  
go directly  
to the Marietta Fireworks*

**May 3rd, 2025 (rain date) May 4th, 2025**

Starting @ Marietta Legion Post 466  
19 South Gay Street Marietta PA 17547

**Registration starting @ 10 @ Post 466  
Kickstands up @ 12**

**COST \$15- RIDER - \$10 PASSENGER**

Ride ends @ Molly's Courtyard Cafe of Marietta  
meal will be served in the rear courtyard on S.  
New Haven Street

**For more information contact  
Steve Rullo @ 717-943-2934**



**Marietta Lions  
Club**



MILLERSVILLE LIONS CLUB

# CASH BINGO

## SAVE THE DATE!

PRIZES \* RAFFLES \* 50/50 \* FOOD



**SUNDAY, MAY 4, 2025**

**ST. PHILIP THE APOSTLE CHURCH  
2111 MILLERSVILLE PIKE  
LANCASTER, PA 17603**

Doors open at 12:30 p.m.  
Early Bird at 1:45 p.m.  
(prize is family pool pass to the  
Millersville Lions Club Pool)  
Regular Bingo starts at 2:00 p.m.

**Tickets  
\$25**



## Community Blood Drive Trinity Reformed UCC

Social Hall  
450 West Main Street  
Mountville, PA 17554

**Monday, May 5, 2025**  
**1:00 p.m. to 6:30 p.m.**

SPONSORED BY MOUNTVILLE LIONS CLUB

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](https://RedCrossBlood.org) and enter: Mountville to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](https://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.

Maximize your blood donation. Help more patients.  
If you are an eligible type O, B - or A - donor, consider making a Power Red donation.  
Red blood cells are the most commonly transfused blood component.



Scan to be directed to  
RapidPass®

**Come to give blood May 1 to 18 for a \$20 e gift card to  
a merchant of your choice!**



Scan to schedule  
an appointment.

1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](https://RedCrossBlood.org) | Download the Blood Donor App

©2019 The American National Red Cross



# East Cocalico Lions Club 32nd Annual Golf Outing

Saturday June 14th 2025

Fairview Golf Course

2399 Quentin Road-Lebanon, PA 17042

Tee Off Time is 7:30 AM

Lunch to follow at Pavillion

QT 10oz. Steak, baked potato, garden salad, rolls, beverage, Brownies and Cookies

(Vegan meals available with notification)

Cost: \$95.00 per person (\$90 per person with early registration before March 15th)







## Manheim Township Lions Club



Date: Saturday June 14, 2025  
10 AM - 2 PM or Sold Out

Dinner Includes: Half Chicken, Baked Potato,  
Roll/butter and Applesauce  
and Water

Cost: \$15 for Dinner or  
\$8 Half Chicken Only

NEW LOCATION: St. Peters Lutheran Church  
Parking Lot. Corners of Lititz Pike and Delp road





**RESERVATION FORM**  
**32<sup>nd</sup> ANNUAL GOLF TOURNAMENT SPONSORED BY**  
**EAST COCALICO LIONS CLUB**

**PLACE:** FAIRVIEW GOLF COURSE  
 2399 Quentin Road, Lebanon, PA 17042  
 www.fairview.distinctgolf.com

**DATE & TIME:** SATURDAY, JUNE 14, 2025 - Shotgun Start at 7:30 AM, Scramble Format.  
 Rain or shine (Registration and Driving Range opens at 6:30 AM)

**COST & RELATED INFORMATION:** **\$95.00 PER PERSON**  
 (Includes green fee, cart, dinner, practice range, gift, hot dogs, drinks).  
**Invited foursomes MUST register by May 1st, 2025.**  
 Singles, twosomes, and threesomes should register by May 1st, 2015  
 (Singles and Doubles will be paired with other golfers).  
 Early registration \$5/pp discount is paid by March 15

**LIMITED TO FIRST 144 GOLFERS.**  
**MONEY MUST ACCOMPANY RESERVATION**

**REFRESHMENTS & SNACKS:** During your round, refreshments are at the SNACK BAR after holes 9 & 18

**STEAK DINNER:** Immediately after golfing at the pavilion located next to the golf course.  
**YOU MUST DRIVE YOUR VEHICLES OVER TO THE PAVILION**

**PRIZES:** Prizes will be awarded during dinner.

1. HOLE-IN-ONE Contest sponsored by East Cocalico Lions Club.
2. Prizes awarded to two flights. Scramble Format system will be used.
3. Longest Drive awards (men, women, & seniors over 65 men & women).
4. Closest to Pin awards.
5. Straightest Drive awards.

**\*\*\*AND MANY OTHER PRIZES\*\*\***

**MORE INFORMATION:** Lions Leo & Carol Maynard (610) 755-1057 (Email: LionLeoServes@gmail.com)  
 Lion Bruce Carpenter (717) 336-5311 (Email: batman@ptd.net)

**PLEASE DETACH HERE**

Name, Address, and Phone number/Email should be included for **All players**

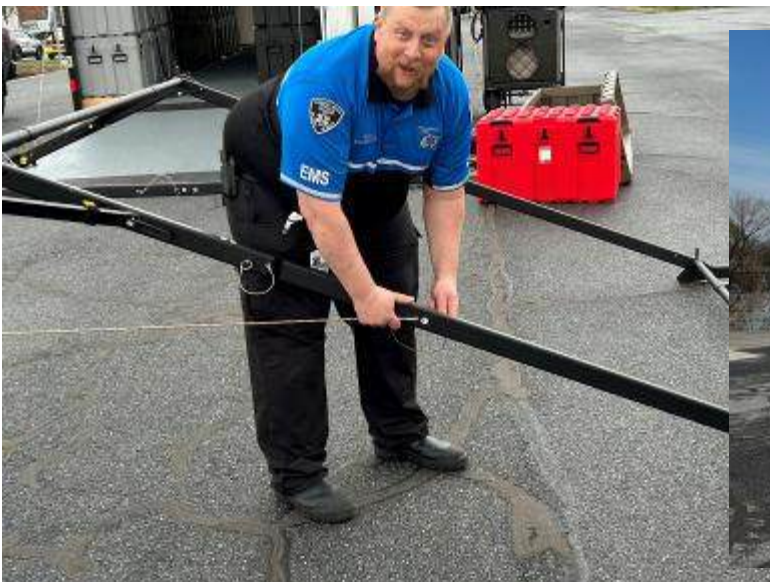
(1) Name of Captain _____	(3) Name _____
Address _____	Address _____
Phone: _____	Phone: _____
Email: _____	Email: _____
(2) Name _____	(4) Name: _____
Address _____	Address _____
Phone: _____	Phone: _____
Email: _____	Email: _____

Please make check payable to "EAST COCALICO LIONS CLUB" and Mail the check and this reservation form to:

Lion Bruce Carpenter  
 PO Box 189, Reamstown PA 17567  
 Or give it to any East Cocalico Lions Club Member



Members of the Lancaster-Lebanon Disaster Relief Club Branch participated in a training exercise at the Lancaster County Public Safety Center. Our club has partnered with Lancaster Co. Emergency Management to provide logistical and deployment support for their emergency shelters. The two shelters are 24'x21' each and are equipped with sleeping cots, lighting, generator and HVAC system to provide a multitude of uses.



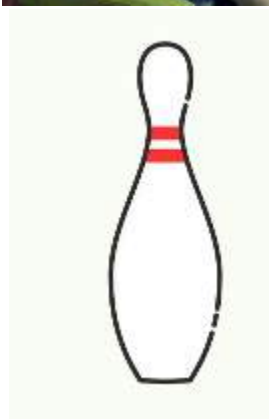


On March 15th, the District held our annual Melvin Jones Breakfast at Yoder's.





On March 2nd the District held our annual District Bowling Tournament. Thanks to all who came out. We also had three teams of Special Olympics athletes join us this year. Thanks to Lion Chester for chairing the tournament.





On March 22nd, members of the Strasburg Lions Club held a Pit Beef Sandwich fundraiser.





On March 22nd, the Millersville Lioness Lions club held Cinderella's Dream. Girls from Penn Manor and Lampeter-Strasburg school districts have the opportunity to select a prom dress, free of charge. Shoes and jewelry were also available for the girls.



### 34 Pounds Pull Tabs!

Lion Rebecca Williams of the Lancaster Lions Club dropped off 34 pounds of drink can pull tabs at the Ronald McDonald House in Hershey (across from Hershey Medical Center) in November 2024. This is a no cost fundraiser for a wonderful cause. Well, no additional cost if you purchase beverages with pull tabs,

Information on Ronald McDonald House/Charity

[rmhc-centralpa.org](http://rmhc-centralpa.org)

The first Ronald McDonald House® opened on October 15, 1974 in Philadelphia thanks to the vision and partnership of Dr. Audrey Evans of Children's Hospital of Philadelphia, Philadelphia Eagles' player Fred Hill, whose daughter had leukemia, Philadelphia Eagles owner Leonard Tose and McDonald's.

The Ronald McDonald House® in Hershey keeps families together by providing temporary housing to out-of-town families of seriously ill children who are being treated at Penn State Children's Hospital.

Many families travel quite a distance to seek treatment for their seriously ill or injured child at Penn State Children's Hospital. And, for children facing a serious medical crisis, nothing seems scarier than not having your family close by for love and support.

The Ronald McDonald House is a safe and supportive place for families to stay nearby their children. The generosity of volunteers and donors make our House possible. It's their kindness that allows our families to stay, free of charge.





*EPHRATA LIONS 100<sup>th</sup> ANNIVERSARY CELEBRATION MARCH 22<sup>nd</sup>, 2025*

**Thank you All for attending our celebration! It was an amazing night from start to finish. Many members of the Lions recognized, members of the community joining in the celebration, Donations made to the community with grants from Northeast PA Lions Service Foundation support, and an Inspiring presentation from Past International Director Jay Moughan and Casey Allyn from WIOV as MC!**







