

# District 14 - Details



## Coming Events

Saturday, November 7, 2015 - Ephrata Lions Marathon Bingo  
 Saturday, November 7, 2015 - East Cocalico Fall Dinner  
 Saturday, November 14, 2015 - Mount Joy Blood Drive  
 Saturday, November 14, 2015 - Mount Joy Food Drive  
 Sunday, November 15, 2015 - Cabinet Meeting / West Earl Fire Hall  
 Monday, January 4, 2016 - Mountville Lions Blood Drive

## A Message from District Governor Kathy Ridder

### Lions, Lionesses, and Leos,

Rally season is history, another good year of celebrating each Region & the “Fab 4” Lioness Clubs in 14D! And how about those Lioness’ doing the “Lioness Strut”! A time when IPDG Deb got a chance to give out her awards to deserving Lions & Lioness’. A memorable moment at the Region II Rally was 97 year old Les Prizer from the New Holland Club, receiving a “Melvin Jones Fellow”. He recounted some of the events in his years as a Lion: one of the most interesting was his recollection of having gone to 3 International Conventions & having had the opportunity to meet Melvin Jones!

Congratulations to all those who received a special “pat on the back” for a job well done. Thanks to all Region Chairpersons & the District Lioness Coordinator Diane who put “their best paw or high heel forward” to make their Rally special & kudos to all who came out to celebrate their life of serving!

As I continue visiting the clubs I am cheered by the spirit of Lionism I find. Those clubs that fail have lost the Lions spirit, resisting change & looking back rather than stepping boldly into the future. In other words they have lost their “ROAR”!!! Keep the “ASK 1” alive & well, working to reach more hands to serve. “Invite for Impact”, every new member enables us to serve 30 people & if 10,000 people around the world join, it will impact the lives of 300,000!!

I was especially excited to induct new members on some of my visits & having them receive the special “Centennial” Lions pin & certificate, was an honor & a pleasure. The sponsoring Lion also receives a “Centennial” certificate & a special “Centennial” sponsor pin. It gives an incentive to “ASK 1”. ROAR about your pride as a member of the world’s largest service organization! What’s the secret!!!

We are moving closer to the holiday season, beginning with Thanksgiving, which means everyone’s calendar will be extra full of things to do & places to go. Turkey day sort of gets brushed under the table along with the crumbs from the pumpkin pie. The retailers figure it is not the money maker that Christmas is, but we know that it is a time to pause & reflect on how fortunate we all are to live free in the land of plenty. But we all know that there are those who are in need, the less fortunate, not just in our communities that we serve, but all over the world. As we go through another year of holidays we, as Lions, will continue to serve by having food drives, helping needy families have a special Christmas, helping to serve at community dinners for those without a family. As the saying goes, “there but for good fortune go you or I.” Keep “strengthening the pride”, “respect the dignity of those you serve” , “put your best paw or high heel forward & serve from your heart”!



“ LIVE THE LION’S LIFE”

“ROAR LIONS ROAR”!!

## Thoughts from the 2nd Vice District Governor, Bill Brown



Hi Lions

I was glad to see such nice turn out at all the Rallies. Hope everybody had a Happy & Safe Halloween. As we get ready for Thanksgiving we must remember the ones in our community that need our help.

Don't forget about Nov 15 Cabinet Meeting at West Earl Fire Co. Remember to ASK 1.

I would like to send out a special thank you to all that donated to the **Clients Weekend at Beacon Lodge**. The trip took place from October 2<sup>nd</sup> to October 4<sup>th</sup>, 2015 and was a success, albeit a wet one. There were 17 clients in attendance along with several Lion chaperones and drivers. A special guest in attendance was District Governor Kathy Ridder, who put the Fall Retreat into her Governors Goals. We thank you!

Activities ranged from fishing to bingo and included a breakfast cruise on Lake Raystown aboard the Proud Mary. The evenings were spent sitting in the lodge with a roaring fire to keep everyone toasty, and plenty of story telling to keep everyone amused.

Again, thank you all, without your support and donations this weekend trip would not be possible.

Yours in Lionism

Region II Chairman

Renaldo A Angelini

### THANK YOU TO ALL DISTRICT LIONS

The Lions Club of Mount Joy thanks all Lions of District 14-D who participated in our Isaacs fundraiser on October 15th at the Mount Joy Isaacs. We had good evening with your support.

**The Lions Club of Mount Joy** will be holding a Food Drive on Saturday, November 14th at Darrenkamp's Market in Mount Joy. Collection will begin at 8:00 am and continue until 400 pm.

# DISTRICT 14-D CABINET MEETING

## Hosted by Region III

Region Chairperson  
Zone A Chairperson, John Danielson

**All Lions, Lioness, and Leos invited to attend!**

*All voting Cabinet members to wear green and gray, everyone else to wear business casual, no jeans.*

**Date:** Sunday, November 15, 2015

**Place:** West Earl Fire Company  
14 School Lane Avenue  
Brownstown, PA

### **Meeting Agenda**

|                 |   |
|-----------------|---|
| 2:00 to 3:00 pm | Seminar/Workshop - <b>Orientation for Leaders</b> |
| 2:30 pm         | <b>Voting Cabinet</b>                             |
| 3:00 pm         | <b>Cabinet Meeting</b>                            |

**SO THAT WE CAN PLAN FOR SNACKS FOR THE AFTERNOON, WE WOULD LIKE TO HAVE CABINET MEMBERS, CLUB PRESIDENTS, CLUB SECRETARIES AND ALL CLUB MEMBERS PLANNING TO ATTEND, NOTIFY THE CABINET SECRETARY**

**A donation to help defray the cost for Region II would be appreciated.**

Lion Michael Guinivan  
mguinivan@embarqmail.com  
or at 717-426-3161

**NOTE TO CABINET MEMBERS WHO WOULD BE EXPECTED TO TO PROVIDE A REPORT TO THE DISTRICT GOVERNOR AND THE CABINET MEETING ATTENDEES, SHOULD PLAN TO SUBMIT SAID REPORT TO THE DISTRICT GOVERNOR AND DISTRICT SECRETARY BY THE WEDNESDAY PRIOR TO THE MEETING. THE REPORT SHOULD BE EMAILED AND PRINTED COPIES SHOULD BE AVAILABLE AT THE MEETING.**

## DISTRICT GOVERNORS OFFICIAL VISIT SCHEDULE

|                 |                                    |                               |
|-----------------|------------------------------------|-------------------------------|
| November 2      | East Petersburg Lions Club         | Enck's Conference Center      |
| November 3      | Garden Spot Lions Club             | Martindale Fire Hall          |
| November 9      | Bareville/Leola/ Leacock Lions     | War Memorial Building         |
| November 10     | Intercourse Lions Club             | Gordonville Community Church  |
| November 12     | Baron Stiegel Lions Club           | Udder Choice                  |
| November 15     | Cabinet Meeting / Region III Hosts | West Earl Fire Hall           |
| November 16     | Manheim Lions Club                 | Enck's Conference Center      |
| November 17     | Columbia Lions Club                | Columbia Elk's Club           |
| November 19     | West Earl Lions Club               | West Earl Fire Hall           |
| November 23     | East Cocalico Lions                | Reamstown Fire Hall           |
| November 24     | Paradise Twp Lions Club            | Bird-in-Hand Restaurant       |
| December 1      | Strasburg Lions                    | Strasburg Fire House          |
| January 5, 2016 | Conoy Lions Club                   | Enck's Conference Center      |
| January 12      | Schoeneck Lions Club               | Udder Choice                  |
| January 14      | Wilshire Hills Lions Club          | Lancaster Yacht & Tennis Club |
| January 19      | Denver Lions Club                  | Denver Fire Hall              |
| January 21      | Ephrata Lions Club                 | Ephrata AmVets                |
| January 26      | Quentin-Roosevelt Lions Club       | Quentin Riding Club           |
| January 28      | Heidelberg Lions Club              | The Franklin House            |

### “Just Ask”

“**Just Ask**” is a composite program that supports the efforts of local Lions Clubs to recruit new members. The program helps Club identify their membership needs through planning, assessments, and preparation of Club members to effectively represent their Clubs while approaching prospective new members. The program also assists Clubs in determining who the Club would like to target in recruiting, providing information and being ready to accept new members.

If a Club would like to receive information or a presentation regarding the “**Just Ask**” program may contact members Global Membership Team by contacting Lion Mike Guinivan at [mguinivan@embarqmail.com](mailto:mguinivan@embarqmail.com).

## *District 14-D Membership Census*



### NEW MEMBERS

#### New Member

#### Club

Stuart D. McLauchian

Garden Spot

Angie E. Lefever

Marietta

Renaldo A. Angelini, Sr.

West Earl

### In Memoriam

Robert L. Wechter

Akron Lion

### BY THE NUMBERS

Reported to LCI as of September 30, 2015

District Membership as of July 1, 2015                      1,595

District Membership as of September 30, 2015            1,435

**Clubs should be working to turn these numbers around!  
District Global Membership and Global Leadership  
Teams are available to assist organizing for planning  
Club membership strategies!**



## Centennial Service Challenge Goal for the Month of November is: "Sharing the Vision"

This is such an exciting month. Sharing our Thanksgiving with Family and Friends. Remember what Helen Keller said, "It is a terrible thing to see, and have no Vision".

So, let's be thankful that we are blessed to have the Vision and ability to help others with visual impairment. Reach out, and volunteer at Vision Corps, or provide large print books to your local library, collect eyeglasses, or invite a person with a Seeing Eye dog to speak at your club.

Your club can work on these Centennial Service Challenges all year. So, we can make our goal of serving 100 million people by June 2018. Be sure to report your service activities through MYLCI's Service Activity Report.

We want to Roar about our Service and get recognition for our endeavors.

For more information, you can call or email (717-517-4679) Susiee2@verizon.net.

Respectfully,

Lion Lorraine Brown, District Centennial Challenge Coordinator.

### BLOOD DRIVES

**Mountville Lions Club** will have a blood drive on Monday, January 4, 2016 from 1:00 PM to 6:30 PM at Trinity UCC Church, located next to the swimming pool in Mountville. Donors may reserve a time by calling the American Red Cross at 1-800-733-2767. Walk-ins are also welcome. Soup, sandwiches, drinks, and desserts are available to all who come in. Contact PCC Steve Benedict at 789-9605 or PDG Ron Peters, 285-4795 for more information. Come out and give the "gift of life".

The **Lions Club of Mount Joy** will hold a blood drive on Saturday, November 14, 2015 from 9:00 am to 12:00 noon at the St. Mark's United Methodist Church on Main Street in Mount Joy. All walk-ins are welcome. The drive is sponsored in cooperation with the Central Pennsylvania Blood Bank.



# **Ephrata Lions Club**

## **MARATHON BINGO**



**Saturday, November 7, 2015**  
**Noon to 8:00 PM**

**Ephrata Recreation Center**

**Meat Tray/Cash Bingo**  
**Food Available**  
**Kitchen Opens at 11:00 AM**

**Proceeds Benefit**  
**Ephrata Areas Social Services**  
**& Ephrata Public Library**

**Contact for Information**  
**717-733-8492 or eberly@ptd.net**

## SUPPORT CAMP KYDNIE WITH THE KEYS FOR CAMP PROGRAM

Manor Ridge Lions Club has been working on collecting keys to “**HELP THE KIDS**”.

Help children with kidney disease enjoy a week of summer camp at Camp Kydnie. Take your **old, unwanted keys** to one of the following locations and drop them into the Camp Kydnie/Manor Ridge Lions Club Container and help a child with kidney disease enjoy a week at Camp Kydnie, a camp specifically for kids with kidney disease. All keys are recycled, with the proceeds going towards camp entrance fees for the children. To learn more go to the Camp Kydnie website at [www.campkydnie.org](http://www.campkydnie.org) . Any questions regarding the Camp Kydnie Keys for Camp Program can be directed to either Tabitha Rothenberger at the Kidney Foundation of Central Pennsylvania at 717-652-8123, or Robin Bolin at Manor Ridge Lions Club at 717-808-1558. To get an up-to-date list of locations to drop off old, unwanted keys, visit the Manor Ridge Lions Club website at <http://www.e-clubhouse.org/sites/manorridge> .

Also, if your club would like to participate in the collection of keys for Camp Kydnie and put containers out in your area, please contact Lion Robin Bolin or Tabitha Rothenberger.

## SIGHT CONSERVATION AND EYE RESEARCH

ON **OCTOBER 17TH**.THE SIGHT CONSERVATION AND EYE RESEARCH COMM. HELD THEIR RESEARCH SEMINAR AT HERSHEY MEDICAL CENTER. THE FACILITY IS AN EXCELLENT PLACE TO HAVE A MEETING. EVERYTHING WENT AS PLANNED. WE STARTED WITH A CONTINENTAL BREAKFAST AND THE PRESENTATIONS STARTED EXACTLY 9:20 AM. THE PROGRAM CONSISTED OF 6 PRESENTERS EXPLAINING WHAT THEY ARE DOING IN EYE RESEARCH. THE MAJORITY OF THESE WERE YOUNG MEN AND WOMEN. SUBJECTS INCLUDED THINGS LIKE NEW DRUGS TARGETED TO PREVENT VISION LOSS, STEM CELL THERAPIES AND EVEN OF THE POSSIBILITIES OF A MONTHLY EYE DROP. DURING THE MEETING OUR COMM. AWARDED 4 GRANTS TO RESEARCHERS TOTALING \$77,000.00. THE MORNING ENDED WITH A DELICIOUS HOT MEAL . ALL IN ATTENDANCE GAVE POSITIVE FEEDBACK ABOUT THE PROGRAM AND THE PRESENTERS. ALL IN ALL I THINK THE DAY WAS VERY SUCCESSFUL.

PDG RON PETERS



“WE SERVE”





# Keys to Camp

**Donate your old unused keys to  
The Kidney Foundation of Central Pennsylvania  
and help support**



# Camp Kydnie

Est. 1992

**A CAMP FOR KIDS WITH KIDNEY DISEASE.**



Keys will be collected and recycled at Consolidated Scrap Resources, our participating recycler. The money raised from the recycling project will help kids with kidney disease attend Camp Kydnie.



Consolidated Scrap Resources, Inc.



**The Kidney  
Foundation  
of Central PA**

For more information about the **Keys to Camp** project, contact Patricia Bucek, Executive Director  
1500 Paxton Street Suite 101 Harrisburg, PA 17104 1-800-762-6202 [www.kfcp.org](http://www.kfcp.org)

# East Cocalico Lions Fall Dinner

Featuring Oysters, Shrimp, Fish & Ham

***SATURDAY, NOVEMBER 7<sup>th</sup>, 2015***

**3:00 PM UNTIL 7:00 PM**

**AT THE REAMSTOWN FIRE HALL**

Church Street, Reamstown; east off Route 272 (Reading Road)

**THE FOLLOWING MENU WILL BE AVAILABLE:**

## **PLATTERS**

(Include: French Fries, Pepper Cabbage, Roll, Apple Sauce, Beverage and Dessert)

**FRIED OYSTER  
FRIED SHRIMP**

**FISH N'CHIPS  
GRILLED HAM**

**Combination FRIED OYSTER - [FRIED SHRIMP](#)**

**Combination FRIED OYSTER - GRILLED HAM**

**Combination FRIED SHRIMP - GRILLED HAM**

## **SANDWICHES**

**FRIED OYSTER**

**FRIED FISH**

**GRILLED HAM**

## **FRENCH FRIES**

**TAKE-OUTS AVAILBLE!!**

100% of all proceeds from this Dinner and other

East Cocalico Lions Club fundraisers are donated back to our community.

***Our Spring Dinner will be on April 23<sup>d</sup>, 2016 !!!!***



## **DISTRICT 14-D RALLY WRAP-UP 2015 - 2016**

What a blast we had at our Lioness Rally! Lots of great food, music, and friends combined to set the stage for a very relaxed and entertaining evening. Such fun! Many of us, several Lions included, enjoyed learning and then performing the District-wide premiere of the “Lioness Strut”, proving (to at least some of us, anyway) that “we got cat class and we got cat style”! (Instructions at end of last page explain how to access the Lititz Lioness Club Facebook page to view the video of this awesome new dance craze!)

Everyone in the large attendance enjoyed chatting and meeting up with old and new friends alike. Adding to the ambience, we even had a “Tom Cat” in our midst! (Need I mention his name?) And with DG Kathy Ridder in charge of her own “Kat” Pack this year (my apologies to Ol’ Blue Eyes, et al), it should be perfectly clear why our Lioness Clubs are known as the “FAB 4” in District 14-D!

Of course, the annual Awards Presentation was the highlight of this occasion. According to IPDG Deb Burkholder, there was fierce competition for these honors. Pictured below is each deserving recipient displaying the prestigious service award she received. Congratulations and well done, Lionesses!!!

MANY THANKS go to those who dropped off food item donations and especially to those who assisted in making this a truly memorable Lioness Rally. I deeply appreciate each and every one of you!

Lioness Coordinator Diane Coffey

### **LIONESS RALLY AWARD WINNERS:**

Melvin Jones Award – Lititz Lioness Judy Matarazzo

Lioness of the Year – Blue Ball Lioness Sandi Styer

Certificates (2) – Heidelberg Lioness Dorothy Zartman

Blue Ball Lioness Sharon Pickel

(Leader Dog Bricks were purchased in their honor for placement on the Rochester Campus Brick Plaza)





Our Head Table: 2<sup>nd</sup> VDG Lion Bill Brown, PDG & 1<sup>st</sup> VDG Lion Dale High, IPDG Deb Burkholder, DG Kathy Ridder, Lioness Coordinator Diane Coffey. 2. Lions Bill & Deb (shown with Lioness Judy Matarazzo) presented the awards this evening. 3. Lititz Lioness Judy Matarazzo. 4. DG Kathy & Blue Ball Lioness Sandi Styer. 5. Blue Ball Lioness Sharon Pickel & Heidelberg Lioness Dorothy Zartman. 6. DG Kathy's "Kat Pack" (the 4 Presidents) Lititz Lioness President Diane Coffey, DG Kathy, Millersville Lioness President Rose Gessner, Blue Ball Lioness President Wendy Hainley, and Heidelberg Lioness President Rachel Mock.



1. Honored Guests Pauline High (Lion Dale's Partner in Service) and PDG Tom Ridder with Millersville and Blue Ball Lionesses
2. Lititz Lionesses
3. Heidelberg Lionesses with their Lion liaison  
Blue Ball Lionesses

**STEP-BY-STEP INSTRUCTIONS TO WATCH THE "LIONESS STRUT" VIDEO AND  
TO VIEW ADDITIONAL PICTURES:**

Go to District 14-D Lions Home Page –[www.lionsdistrict14d.org/](http://www.lionsdistrict14d.org/)

1. Scroll down and click on the LINKS button (see left-hand side of page)
2. Scroll down to the District Clubs section and click on 'Lititz Lioness'
3. When the page comes up, click on the 'f' Facebook icon under "What's New?" section  
Scroll down to the video and push the arrow button to enjoy the show!! Scroll down further for pics.

## **November is American Diabetes Month**

### **Living with Type II Diabetes - Do “You” Begin?**

**Start here:** first take a deep breath and then call your primary caregiver and schedule an appointment. Ask your doctor for a referral to a Diabetes Education Program, recognized by the American Diabetes Association. Find a program nearest you at [diabetes.org/ERP](http://diabetes.org/ERP) or call 1-800-DIABETES (342-2383).

### **Taking Care of Your Diabetes**

Your diabetes care team will help you, but your day to day care is strictly up to you. WHO is on your care team? Your care team may include your family doctor, nurse, dietitian, diabetes educator and any other healthcare providers working to help you care for your diabetes. Remember your family and friends are the most important members of your care team and other person ... YOU!

### **Healthy Eating**

Choosing what, how much, and when to eat. Eating a variety of foods, including vegetables, whole grains, fruits, non-fat dairy products, health fats and lean meats: trying not to eat too much food: spacing your meals throughout the day: do not skip meals.

### **Weight Loss**

If you are over weight or obese, your healthcare team may suggest that you TRY to LOSE some weight.

### **Getting Active**

Being active is another part of healthy living and managing your diabetes. Examples of different types of physical activity include aerobics, being active throughout the day, strength training and flexibility exercise.

The above is just a start to get you on the road to recovery: get to know your American Diabetes Association, call 1-800-342-2383 or go to [diabetes.org](http://diabetes.org) / living to enroll in the Free Living with Type II Diabetes Program.

The above information was extracted from the American Diabetes Association publication, “Where Do I Begin With Type II Diabetes?”

If your Club is interested in a Diabetes Program call PDG Jerry Reuter at 717-367-5578. If no answer, please leave a message.